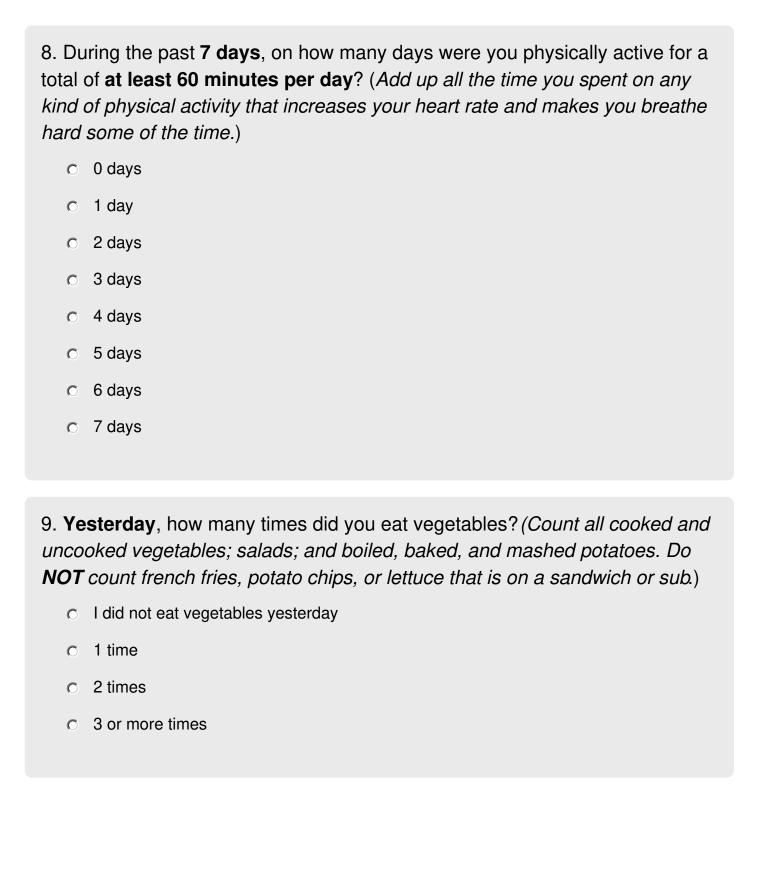
2023 Springfield Youth Health Survey

(untitled)
1. How old are you?
○ 13 years old
○ 14 years old ○ 14
15 years old
16 years old or older
2. What grade are you in?
© 8th grade
© Other
3. What is your race/ethnicity? (Select all responses that you identify with.)
American Indian or Alaska Native
☐ Asian
☐ Black or African American
☐ Hispanic or Latino
☐ Native Hawaiian or Other Pacific Islander
■ White
☐ Other

4. What is your current gender identity? (Select all that apply)
☐ Female
□ Male
☐ Nonbinary, genderqueer, not exclusively male or female
□ I am questioning/I am not sure of my gender identity
I identify another way (please specify)
☐ I do not understand what this question is asking
5. Some people describe themselves as transgender, an umbrella term for persons whose gender identity and expression does not conform to that typically associated with the sex to which they were assigned at birth. Are you transgender?
No, I am not transgender
 Yes, I am transgender
C I am not sure if I am transgender
C I do not know what this question is asking

6. This question asks about sexual identity. Which of the following best describes you?										
0	Asexual									
O	Bisexual									
O	Gay or Lesbian									
O	C Heterosexual or Straight									
0	© Pansexual									
0	© Queer									
O	C I describe my sexual identity some other way									
O	Questioning or Not Sure	,								
0	I don't understand what	this question is asking								
(untitle	d)									
7. W		do you live in? If you live	e in more than one home,							
7. W	hich neighborhood(s)	do you live in? If you live	e in more than one home,							
7. W selec	hich neighborhood(s)	_								
7. W selec	hich neighborhood(s) ct all that apply.	☐ Liberty Heights	☐ Sixteen Acres							
7. W selec	hich neighborhood(s) ct all that apply. Bay Boston Road	☐ Liberty Heights ☐ McKnight	☐ Sixteen Acres☐ South End☐ Upper Hill☐ I don't know the name							
7. W selec	hich neighborhood(s) ct all that apply. Bay Boston Road Brightwood	□ Liberty Heights□ McKnight□ Memorial Square	 □ Sixteen Acres □ South End □ Upper Hill □ I don't know the name of my neighborhood 							
7. W selec	hich neighborhood(s) ct all that apply. Bay Boston Road Brightwood East Forest Park	□ Liberty Heights□ McKnight□ Memorial Square□ Metro Center	☐ Sixteen Acres☐ South End☐ Upper Hill☐ I don't know the name							



10. Yesterday, how many times did you eat fruit? (Do NOT count fruit juice).
I did not eat fruit yesterday
O 1 time
C 2 times
 3 or more times
11. Yesterday , how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite, or a sugar-sweetened beverage such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight? (Do NOT count 100% fruit juice or diet soda.)
 I did not drink soda or sugar-sweetened beverages yesterday
O 1 time
C 2 times
3 or more times
12. Do you have any physical disabilities or long-term health problems? (Long-term means 6 months or more)?
© Yes
O No
Not sure
(untitled)

13. The next set of questions ask how you think students are generally treated at school. How strongly do you agree or disagree with the following statements about **this school**?

	Strongly Agree	Agree	Disagree	Strongly Disagree
Students are treated differently or unfairly because of their race, ethnicity, or culture.	0	0	O	O
Students are treated differently or unfairly because of their gender identity or expression.	0	0	0	0
Students are treated differently or unfairly because of their sexual orientation.	O	0	O	O

14. The next questions ask about feelings of belonging at school. How strongly do you agree or disagree with the following statements about **this school**?

	Strongly Agree	Agree	Disagree	Strongly Disagree
I feel like I belong at my school.	O	O	C	O
My identities are represented in the things I learn in school.	0	О	O	O

(untitled)

15. During the past 12 months , have you felt you needed to talk to someone about how you were feeling, how things were going in your life, or problems you might have had?
o Yes
o No
16. Right now , if you needed help with a personal problem, is there someone who you feel you could talk to? (<i>Select all that apply</i>)
☐ Yes - an adult in my home
☐ Yes - a school psychologist, school counselor, or school nurse
☐ Yes - a teacher or other adult at school not mentioned above
Yes - a psychologist, therapist, counselor, doctor, or nurse (outside of school)
☐ Yes - an adult in the community
☐ Yes - a friend or non-adult family member (e.g. cousin, sibling)
□ No - there is no one I could talk to
17. How often over the last 2 weeks , were you bothered by: Feeling nervous, anxious or on edge?
© Never
For several days
 Nearly every day
Don't know/Not sure

18. How often over the last 2 weeks , were you bothered by: Not being able to stop or control worrying?
© Never
 For more than half the days
Nearly every day
O Don't know/Not sure
19. Rank your agreement with the following statement. 'I tend to bounce back or recover quickly after hard or stressful times.'
C Strongly agree
Agree
 Disagree
Strongly disagree
20. Rank your agreement with the following statement. 'If a friend is sad, I want to do something to make it better'.
C Strongly agree
Agree
 Disagree
 Strongly disagree

21. During the past 12 months , how many times did you do something to purposely hurt yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?
© 0 times
C 1 time
C 2 or 3 times
C 4 or 5 times
○ 6 or more times
22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? C Yes No
untitled)
23. During the past 12 months , did you ever seriously consider attempting suicide?
C Yes
C No

Show/hide trigger exists. 24. During the past 12 months , how many times did you actually attempt suicide?
C 0 times
C 1 time
C 2 or 3 times
C 4 or 5 times
○ 6 or more times
Hidden unless: #24 Question "During the past 12 months , how many times did you actually attempt suicide?" is one of the following answers ("1 time","2 or 3 times","4 or 5 times","6 or more times") 25. If you attempted suicide during the past 12 months , did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse? C Yes No
26. During the past 12 months , have you ever been bullied at school or on your way to or from school?
C Yes C No

27. During the past 12 months , have you ever been electronically bullied? Count being bullied through texting, online gaming, Instagram, Facebook, or other social media.							
c Yes							
c No							
28. Did you do any of the following in the past 12 months ?							
	Yes	No					
Bully or push someone around	O	0					
Use texting, e-mail, or social networking sites to make fun of, threaten, or insult another kid, or try to hurt another kid's reputation	O	C					
29. If you have had sex, how old were you when you had sex for the first time ? (If you have never had sex, select "I have never had sex".)							
C I have never had sex							
○ 11 years old or younger							
o 13 years old							
○ 14 years old							
○ 15 years old							
17 years or older							



30. In the past 12 months, how often have you...

	Not at all	Less than 10 times in total	1-3 times a month	1-3 times a week	4 or more times a week	Don't know
Purchased lottery tickets, including scratch tickets, powerball, or keno?	О	o	O	О	0	O
Bet money on sports, including fantasy sports?	О	O	0	0	O	0
Played card games for money with friends or family?	0	0	O	0	O	0
Bet money on games of skill, such as pool or video games?	0	O	0	0	O	0
Played a video game with loot boxes? (A loot box, also called a loot crate or lock box, contains a prize of unknown value, especially one offered for sale to players as part of an online game.)	O	O	c	c	O	o
Opened or bought a loot box? (refer to previous question for description of loot box)	О	O	O	0	0	0
Played a gambling-type game online without using money?	0	О	О	0	O	0
Gambled with money online?	0	0	O	O	O	0
Bet money on horse races?	0	0	О	О	O	О
Played bingo for money?	O	О	О	O	O	0
Played slot machines at casino or bar?	О	О	0	О	O	О
Played table games at a casino (such as blackjack, roulette, craps, or baccarat)?	0	o	0	0	0	O
Done any other type of gambling?	C	O	O	O	0	O

Hidden unless: (Question "Opened or bought a loot box? (refer to previous question for description of loot box)" is one of the following answers ("Less than 10 times in total","1-3 times a month","1-3 times a week","4 or more times a week","Don't know") OR Question "Played a video game with loot boxes? (A loot box, also called a loot crate or lock box, contains a prize of unknown value, especially one offered for sale to players as part of an online game.)" is one of the following answers ("Less than 10 times in total","1-3 times a month","1-3 times a week","Don't know"))

31. What is the age at which you **first** opened a loot box? (A loot box, also called a loot crate or lock box, contains a prize of unknown value, especially one offered for sale to players as part of an online game.)

- I have never opened a loot box
- 11 years or younger
- 12 years old
- 13 years old
- C 14 years old
- 15 years old
- 16 years old
- 17 years or older

Hidden unless: (Question "Opened or bought a loot box? (refer to previous question for description of loot box)" is one of the following answers ("Less than 10 times in total","1-3 times a month","1-3 times a week","4 or more times a week","Don't know") OR Question "Played a video game with loot boxes? (A loot box, also called a loot crate or lock box, contains a prize of unknown value, especially one offered for sale to players as part of an online game.)" is one of the following answers ("Less than 10 times in total","1-3 times a month","1-3 times a week","Don't know"))

32. What is the age at which you **first** bought a loot box? (A loot box, also called a loot crate or lock box, contains a prize of unknown value, especially one offered for sale to players as part of an online game.)

- C I have never bought a loot box
- 11 years old or younger
- 12 years old
- 13 years old
- C 14 years old
- 15 years old
- 16 years old
- 17 years or older

Hidden unless: (Question "Opened or bought a loot box? (refer to previous question for description of loot box)" is one of the following answers ("Less than 10 times in total","1-3 times a month","1-3 times a week","4 or more times a week","Don't know") OR Question "Played a video game with loot boxes? (A loot box, also called a loot crate or lock box, contains a prize of unknown value, especially one offered for sale to players as part of an online game.)" is one of the following answers ("Less than 10 times in total","1-3 times a month","1-3 times a week","Don't know"))

33. Have you **ever** sold items that you won in a loot box? (A loot box, also called a loot crate or lock box, contains a prize of unknown value, especially one offered for sale to players as part of an online game.)

_	V
	Yes

No

34. In the past 12 months, how often have you...

	Not at all	Only sometimes	Quite a lot	Don't know
Found yourself thinking about gambling or planning to gamble?	0	O	0	0
Tried to cut down how much you gamble?	О	o	О	О
Lied to your family, friends, or anyone else about how much you gamble?	O	0	O	O

Action: Percent Branch

Randomization

(untitled)

35. The last time you had sex, did you drink alcohol or use drugs beforehand?
I have never had sexYesNo
Hidden unless: #35 Question "The last time you had sex, did you drink alcohol or use drugs beforehand? " is one of the following answers ("Yes","No") 36. The last time you had vaginal and/or anal sex, did you or your partner use a condom?
I have never had vaginal or anal sexYes
O No

Hidden unless: #35 Question "The last time you had sex, did you drink alcohol or use drugs beforehand? " is one of the following answers ("Yes","No") 37. The last time you had vaginal sex, what method(s) did you or your partner use to prevent pregnancy ? (Select all methods that you or your partner used.)
☐ I have never had vaginal sex
☐ No method was used to prevent pregnancy
☐ Birth control pills
☐ Condoms
An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)
A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)
☐ Withdrawal or some other method
□ Not sure
38. Have your parents or other adults in your family ever talked to you about what they expect you to do or not to do when it comes to sex?
Yes
O No
 Not sure

Yes		
O No		
Don't Know		
drugs beforehand? " is one of the following answers ("Yes 40. The first time you had sex, you	s","No")	l you drink alcohol or use
	Yes	No
Verbally persuaded?	O	0
Pressured through harassment or threats?	O	С
Too drunk to say no?	О	С
Physically forced?	O	О
(untitled)		
Show/hide trigger exists. 41. Have you dated or gone out C Yes No	with anyone during the	past 12 months?

39. Have you **ever** been physically forced, pressured, or coerced to have sex

or engage in other sexual activities when you did not want to?

Hidden unless: #41 Question "Have you dated or gone out with anyone during the past 12 months?" is one of the following answers ("Yes")

42. In the past 12 months, has someone you were dating or going out with ever...

	Yes	No	Don't Know
Tried to control what you wore, who you spoke to or spent time with, or kept track of your activity?	O	О	О
Insulted, humiliated, or made fun of you in front of others?	0	O	О
Slapped, pushed, shook, punched, kicked, beat you with an object, choked, burned you intentionally, threw something at you to hurt you, or used or threatened you with any sharp object or weapon?	O	О	С
Forced or pressured you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)	O	O	O

Hidden unless: #41 Question "Have you dated or gone out with anyone during thepast 12 months?" is one of the following answers ("Yes")

43. During the **past 12 months**, did **you** threaten to hurt, physically hurt, or try to hurt a date or someone you were going out with?

0	Yes

O No

(untitled)

44.	. How often do you use social i	media?			
	 I do not use social media 				
	A few times a month				
	 About once a week 				
	 A few times a week 				
	C About once a day				
	 Several times a day 				
	C About once an hour				
	More than once an hour				
				_	
45.	In general, does what you see	e on social n	nedia make y	ou tee	el
		Yes, a lot	Yes, a little	No	Don't know
	Worse about your own life?	О	O	0	C

Overwhelmed by what you

Pressure to post content that will

get lots of comments or likes?

Pressure to only post content that makes you look good to

see/hear?

others?

46. What emotions do you experience when using social networking/social media apps? (Select all that apply)
□ Rejection
☐ Hapiness
☐ Boost self esteem
☐ Jealousy
☐ Motivation
☐ Inspiration
☐ Fear of missing out
☐ Lower self esteem
☐ Sense of belonging
47. How do your parents or guardians monitor your social media accounts or how you use social media? (Select all that apply)
☐ They don't
☐ Following accounts weekly or more often
☐ Requiring a contract and ground rules for devices
☐ Requiring that you use devices only at certain times
☐ Using parental controls on devices
☐ Using monitoring, blocking, or filtering software
☐ Requiring that you use devices only in certain places in the home

. . ..

48. Have you ever found yourself in a risky/unwanted situation because of information you shared electronically? (Count communication by texting, online gaming, Snapchat, Instagram, Facebook, or other social media)?			
	c Yes		
	c No		
(untit	tled)		
	. During the past 12 months , ative do any of the following to	,	ver, or other adult
		Yes	No
	Slap, push, shake, punch, kick, beat you with an object, choke, burn you intentionally, throw something at you to hurt you, or use or threaten you with any sharp object or weapon.	C	0
	Shout, yell, scream, swear, or curse at you.	О	0
	Ridicule, humiliate, or put you down, for example say that you are stupid, lazy, or useless.	C	O
50	. During the past 12 months ,	did you witness violence i	n your family?
	C Yes		
	C No		
	O Don't Know		

51. How safe from crime do you consider your neighborhood to be?
 Extremely safe
 Unsafe
© Extremely unsafe
52. Have you ever witnessed someone being physically harmed in your neighborhood (for example, with a gun, knife or other weapon, or in a physical fight)?
Yes
O No
untitled)
untitled) 53. On an average school night , how many hours of sleep do you get?
53. On an average school night , how many hours of sleep do you get?
53. On an average school night , how many hours of sleep do you get? • 4 or less hours
53. On an average school night , how many hours of sleep do you get? o 4 or less hours o 5 hours
53. On an average school night , how many hours of sleep do you get? o 4 or less hours o 5 hours o 6 hours
53. On an average school night , how many hours of sleep do you get? o 4 or less hours o 5 hours o 6 hours o 7 hours
53. On an average school night , how many hours of sleep do you get? o 4 or less hours o 5 hours o 6 hours o 7 hours o 8 hours

54. Do you participate in any of the following activities after school OR on the weekends ?			
		Yes	No
	Organized sports (e.g. basketball, soccer, martial arts, cheerleading, football)	O	0
	Clubs (e.g. drama, debate, 4H, teen/peer groups)	O	O
	Music program (e.g. band, orchestra, choir, music lessons)	0	O
	Art program (e.g. dance class, painting class)	0	0
	Volunteering	0	0
	Employment	0	0
55. During the past 30 days , how often did you go to bed hungry because there was not enough food in your home?			
Never			

(untitled)

Rarely

Always

Sometimes

Most of the time

Show/hide trigger exists.

56. How old were you when you **first** smoked a cigarette, even one or two puffs?

- C I have never smoked a cigarette, even one or two puffs
- 8 years or younger
- o 9 or 10 years old
- o 11 or 12 years old
- o 13 or 14 years old
- o 15 or 16 years old
- 17 years old or older

Hidden unless: #56 Question "How old were you when you **first** smoked a cigarette, even one or two puffs?" is one of the following answers ("8 years or younger","9 or 10 years old","11 or 12 years old","13 or 14 years old","15 or 16 years old","17 years old or older") 57. During the **past 30 days**, on how many days did you smoke cigarettes?

- O days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

Show/hide trigger exists.

58. Have you **ever** used an electronic vapor product, such as JUUL, Vuse, NJOY, Puff Bar, blu, or Bidi Stick? (*Electronic vapor products include e-cigarettes, vapes, mods, e-cigs, e-hookahs, or vape pens.*)

- Yes
- O No

Hidden unless: #58 Question "Have you **ever** used an electronic vapor product, such as JUUL, Vuse, NJOY, Puff Bar, blu, or Bidi Stick? (*Electronic vapor products include ecigarettes, vapes, mods, e-cigs, e-hookahs, or vape pens.*)

" is one of the following answers ("Yes")

59. During the **past 30 days**, on how many days did you use an electronic vapor product such as JUUL, Vuse, NJOY, Puff Bar, blu, or Bidi Stick? *Electronic vapor products include e-cigarettes, vapes, mods, e-cigs, e-hookahs, or vape pens.*

- O days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

Show/hide trigger exists.

- 60. How old were you when you had your **first** drink of alcohol other than a few sips? This includes drinking beer, wine, wine coolers, hard lemonade, hard cider, jello shots, and liquor such as rum, gin, vodka, or whiskey.
 - C I have never had a drink of alcohol OR I have only had a few sips in my life
 - 6 8 years or younger
 - o 9 or 10 years old
 - o 11 or 12 years old
 - o 13 or 14 years old
 - o 15 or 16 years old
 - o 17 years or older

- Hidden unless: #60 Question "How old were you when you had your **first** drink of alcohol other than a few sips? *This includes drinking beer, wine, wine coolers, hard lemonade, hard cider, jello shots, and liquor such as rum, gin, vodka, or whiskey.*" is one of the following answers ("8 years or younger","9 or 10 years old","11 or 12 years old","13 or 14 years old","15 or 16 years old","17 years or older")
- 61. During the **past 30 days**, how many days have you had at least one alcoholic drink? This includes drinking beer, wine, wine coolers, hard lemonade, hard cider, jello shots, and liquor such as rum, gin, vodka, or whiskey. For the purposes of this question, drinking alcohol does not include drinking a few sips of wine for religious purposes.
 - O days
 - O 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days

LOGIC Show/hide trigger exists.

62. How old were you when you tried marijuana for the first time?

- I have never tried marijuana
- 8 years old or younger
- 9 or 10 years old
- 11 or 12 years old
- 13 or 14 years old
- 15 or 16 years old
- 17 years old or older

Hidden unless: #62 Question "How old were you when you tried marijuana for the **first time**?

" is one of the following answers ("8 years old or younger","9 or 10 years old","11 or 12 years old","13 or 14 years old","15 or 16 years old","17 years old or older")

63. During the **past 30 days**, how many times did you use marijuana or cannabis products? *Marijuana is also called grass, hashish, herb, joint, pot, weed, reefer. Include blunts and cigars filled with marijuana; vape cartridges with THC; and edibles or drinks with THC*

_	Λ	time	_
	u	mme	5

O 1 or 2 times

O 3 to 9 times

0 10 to 19 times

20 to 39 times

6 40 or more times

64. During the **past 30 days**, have you seen an advertisement for marijuana products or stores:

	Yes	No	Don't Know/Not Sure
In a magazine or newspaper?	0	O	О
On a storefront (such as a sign posted in the window of a store)?	О	O	O
Online on your cellphone, tablet, or computer through email, websites, or social media?	О	O	О
On a billboard?	0	O	О
On the sidewalk (like signs or people wearing or waving signs)?	O	0	O

65. During the **past 30 days**, have you taken any of the following prescription drugs that were **not your own** OR used your own prescription drugs in a way that your doctor **did not** prescribe (such as taking more than directed)?

	Yes	No
Narcotics (such as Methadone, Opium, Morphine, Codeine, OxyContin, Percodan, Demerol, Percocet, Ultram, and Vicodin)	0	0
Ritalin (also called vitamin R, R-ball, diet coke, skittles) or Adderall (also called addys, uppers, beans)	0	0
Steroids (body building hormones in form of pills or shots)	O	O
Other prescription drugs	O	O