# YHS 2019 (8th grade) Raw Frequency Tables

### Background

The Springfield Youth Health Survey (YHS) was administered to students in the Springfield Public Schools as part of the Springfield Youth Health Survey Initiative. The survey was administered by the Public Health Institute of Western Massachusetts in collaboration with initiative partners, who are involved with planning and implementing the survey. These partners, referred to as the Planning Team, include representatives from:

- Gándara Center
- Martin Luther King Jr. Family Services, including youth Peer Health Advocates
- Public Health Institute of Western MA
- Springfield Department of Health and Human Services
- Springfield Public Schools
- Other Experts Elaine Puleo, PhD, (formerly University of Massachusetts, Department of Biostatistics and Epidemiology)

2019 Funders included:

- Mass Gaming Commission
- Shriners Hospital
- City of Springfield Department of Health and Human Services
- Baystate Health

### Methods

### **Survey Design and Administration**

The survey is a modified version of the MDPH YHS, adapted by the Planning Team based on local needs and priorities. The survey consisted of a set of core questions and three modules focusing on Substance Use, Lifestyle, and Safety. All students completed the core questions and were then randomized to one of the three modules. This table illustrates the number and percent of students assigned to each module.

Modules	Freq.	Percent	Cum.
Lifestyle	416	32.89	32.89
Safety Module	452	35.73	68.62
Substance Use	397	31.38	100.00

The YHS was selected for use in Springfield because it is administered biannually by the Massachusetts Departments of Public Health (MDPH) and Elementary and Secondary Education (MDESE) to Massachusetts' public school students to develop MA-wide prevalence estimates. The MA YHS was developed by the Center for Survey Research of the University of Massachusetts-Boston (CSR) and MDPH and includes questions about general health, dieting and eating habits, mental health, physical safety, other health issues, as well as risk and protective factors.

The survey was administered during a two-week period in February (2/4/19 to 2/15/19) to 8<sup>th</sup> grade students enrolled in Springfield Public Schools. A total of 1,267 8<sup>th</sup> grade students completed the survey. The participation rate was estimated to be 72% using school enrollment to estimate total potential number of students who could complete the survey.

Students and guardians were able to opt out through a passive consent process. Students also had the ability to opt out of the survey voluntarily on the day of administration. Students took the survey online during school hours using SurveyGizmo. The schools had the discretion to determine when to administer the survey within this time period. Some schools chose to administer the survey on a single day and others chose to administer over multiple days.

### **Data Cleaning**

The following data cleaning procedures were implemented:

- Removed grades other than 8th grade with the exception of those with missing school grade data
- Dropped partially completed surveys
  - The survey included an indicator variable for survey completeness. Blank surveys were flagged and dropped (n=218). Surveys with only the core module completed (n=1) were also flagged. This survey was dropped because the respondent only completed a few demographic questions.

The survey results presented in this document have not been evaluated for logical consistency. Logical consistency means that responses to related questions - such as drinking behaviors - match or make sense logically. For example, if a student reported never drinking in the last 30 days in the core module, they should have also reported that they did not engage in binge drinking in the last 30 days in the Substance Use module. Results presented are based on how the students responded, and may include inconsistent reporting.

### Notes on Interpreting the Data

- **Denominators for Questions with Skip Logic:** Some questions used skip logic. This means that students were only asked some questions depending on how they responded to a previous question. If there was skip logic, the total number of respondents may be different because only some students got that question. Where applicable, the denominators are explicitly stated and should be interpreted accordingly.
- **Missing Data:** Not all students answered all questions so total number of respondents may vary for each question. In addition, some students were absent during the surveying period which may bias the results if these students are systematically different from their peers.
- **Small Numbers:** For some questions, there are few respondents for a given response category. Caution should be exercised when interpreting data based on small numbers.

### Results

### **CORE QUESTIONS**

School Attended

School	Freq.	Percent	Cum.
Balliet	18	1.42	1.42
Chestnut Academy	71	5.60	7.02
Chestnut TAG	75	5.92	12.94
Conservatory	50	3.95	16.89
Duggan	144	11.37	28.26
Forest Park	163	12.87	41.12
Impact	93	7.34	48.46
Kennedy	58	4.58	53.04
Kiley	176	13.89	66.93
Public Day Middle	11	0.87	67.80
RISE	64	5.05	72.85
Renaissance	98	7.73	80.58
STEM	85	6.71	87.29
South End	42	3.31	90.61
Van Sickle	90	7.10	97.71
Zanetti	29	2.29	100.00
Language Survey was Completed In			
Language in which survey was taken	Freq.	Percent	Cum.
English	1219	96.36	96.36
Spanish (United States)	46	3.64	100.00
2) How old are you?			
2. Student Age	Freq.	Percent	Cum.
11 years old or younger	1	0.08	0.08
12 years old	3	0.24	0.32
13 years old	490	39.01	39.33
14 years old	635	50.56	89.89
15 years old	121	9.63	99.52
16 years old	3	0.24	99.76
18 years old or older	3	0.24	100.00
3) What is your race/ethnicity?			

Race and ethnicity	Freq.	Percent	Cum.
American Indian or Alaska Native Non-Hispanic	11	0.89	0.89
Asian Non-Hispanic	42	3.38	4.27
Black Non-Hispanic	263	21.18	25.44
Hispanic/Latino	854	68.76	94.20
Native Hawaiian or other Pacific Islander	2	0.16	94.36
White Non-Hispanic	70	5.64	100.00

4) What is your sex?			
4. Sex Identity	Freq.	Percent	Cum.
Female	632	50.40	50.40
Male	612	48.80	99.20
l identify some other way	10	0.80	100.00
5) Do you identify as transgender?			
5. Gender Identity	Freq.	Percent	Cum.
l am not sure if I am transgender	21	1.69	1.69
I do not know what this question is asking	45	3.61	5.30
No	1160	93.17	98.47
Yes	19	1.53	100.00
6) Which of the following best describes you?			
6. Sexual Orientation	Freq.	Percent	Cum.
Bisexual	120	9.65	9.65
Gay or lesbian	29	2.33	11.99
Heterosexual (straight)	1010	81.26	93.24
Not sure	84	6.76	100.00
7) What is the highest level of education your parents or	quardians comp	leted? (Mark the	educational
level of the parent or guardian who went the furthest in sch			
7. Highest Level of Parent Education Completed	Freq.	Percent	Cum.
Did not finish high school	212	17.18	17.18
Graduated from high school	255	20.66	37.84
Attended college but did not complete four-year degree	161	13.05	50.89
Graduated from college	296	23.99	74.88
Don't know		0540	100.00
DOILT KIIOW	310	25.12	100.00
8) What neighborhood do you live in?	310	25.12	100.00
	310 Freq.	Percent	Cum.
8) What neighborhood do you live in?			Cum.
<ul><li>8) What neighborhood do you live in?</li><li>8. What neighborhood do you live in?</li></ul>	Freq.	Percent	Cum. 2.72
<ul><li>8) What neighborhood do you live in?</li><li>8. What neighborhood do you live in?</li><li>Bay</li></ul>	Freq. 33	Percent 2.72	Cum. 2.72 9.30
<b>8) What neighborhood do you live in?</b> 8. What neighborhood do you live in? Bay Boston Road	Freq. 33 80	Percent 2.72 6.58	Cum. 2.72 9.30 13.66 17.70
<b>8) What neighborhood do you live in?</b> 8. What neighborhood do you live in? Bay Boston Road Brightwood	Freq. 33 80 53	Percent 2.72 6.58 4.36	Cum. 2.72 9.30 13.66 17.70
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield Forest Park	Freq. 33 80 53 49	Percent 2.72 6.58 4.36 4.03	Cum. 2.72 9.30 13.66 17.70 23.29
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield	Freq. 33 80 53 49 68	Percent 2.72 6.58 4.36 4.03 5.60	Cum. 2.72 9.30 13.66 17.70 23.29 41.07
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield Forest Park	Freq. 33 80 53 49 68 216	Percent 2.72 6.58 4.36 4.03 5.60 17.78	Cum. 2.72 9.30 13.66 17.70 23.29 41.07 46.42
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield Forest Park Indian Orchard	Freq. 33 80 53 49 68 216 65	Percent 2.72 6.58 4.36 4.03 5.60 17.78 5.35	Cum. 2.72 9.30 13.66 17.70 23.29 41.07 46.42 51.77
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield Forest Park Indian Orchard Liberty Heights	Freq. 33 80 53 49 68 216 65 65	Percent 2.72 6.58 4.36 4.03 5.60 17.78 5.35 5.35	Cum. 2.72 9.30 13.66 17.70 23.29 41.07 46.42 51.77 53.00
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield Forest Park Indian Orchard Liberty Heights McKnight Memorial Square Metro Center	Freq. 33 80 53 49 68 216 65 65 65 15 5 5	Percent 2.72 6.58 4.36 4.03 5.60 17.78 5.35 5.35 5.35 1.23	Cum. 2.72 9.30 13.66 17.70 23.29 41.07 46.42 51.77 53.00 53.42
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield Forest Park Indian Orchard Liberty Heights McKnight Memorial Square	Freq. 33 80 53 49 68 216 65 65 65 15 5	Percent 2.72 6.58 4.36 4.03 5.60 17.78 5.35 5.35 5.35 1.23 0.41	Cum. 2.72 9.30 13.66 17.70 23.29 41.07 46.42 51.77 53.00 53.42 53.83
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield Forest Park Indian Orchard Liberty Heights McKnight Memorial Square Metro Center	Freq. 33 80 53 49 68 216 65 65 65 15 5 5	Percent 2.72 6.58 4.36 4.03 5.60 17.78 5.35 5.35 5.35 1.23 0.41 0.41	Cum. 2.72 9.30 13.66 17.70 23.29 41.07 46.42 51.77 53.00 53.42 53.83 54.49
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield Forest Park Indian Orchard Liberty Heights McKnight Memorial Square Metro Center Old Hill	Freq. 33 80 53 49 68 216 65 216 65 5 5 5 8	Percent 2.72 6.58 4.36 4.03 5.60 17.78 5.35 5.35 5.35 1.23 0.41 0.41 0.41 0.66	Cum. 2.72 9.30 13.66 17.70 23.29 41.07 46.42 51.77 53.00 53.42 53.83 54.49 55.31
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield Forest Park Indian Orchard Liberty Heights McKnight Memorial Square Metro Center Old Hill Pine Point Six Corners (Maple High/Six Corners) Sixteen Acres	Freq. 33 80 53 49 68 216 65 65 15 5 5 8 10	Percent 2.72 6.58 4.36 4.03 5.60 17.78 5.35 5.35 5.35 1.23 0.41 0.41 0.41 0.66 0.82	Cum. 2.72 9.30 13.66 17.70 23.29 41.07 46.42 51.77 53.00 53.42 53.83 54.49 55.31 58.44
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield Forest Park Indian Orchard Liberty Heights McKnight Memorial Square Metro Center Old Hill Pine Point Six Corners (Maple High/Six Corners)	Freq. 33 80 53 49 68 216 65 65 65 15 5 5 8 10 38	Percent 2.72 6.58 4.36 4.03 5.60 17.78 5.35 5.35 5.35 1.23 0.41 0.41 0.41 0.66 0.82 3.13	Cum. 2.72 9.30 13.66 17.70 23.29 41.07 46.42 51.77 53.00 53.42 53.83 54.49 55.31 58.44 64.61
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield Forest Park Indian Orchard Liberty Heights McKnight Memorial Square Metro Center Old Hill Pine Point Six Corners (Maple High/Six Corners) Sixteen Acres	Freq. 33 80 53 49 68 216 65 65 65 15 5 5 8 10 38 75	Percent 2.72 6.58 4.36 4.03 5.60 17.78 5.35 5.35 5.35 1.23 0.41 0.41 0.41 0.66 0.82 3.13 6.17	Cum. 2.72 9.30 13.66 17.70 23.29 41.07 46.42 51.77 53.00 53.42 53.83 54.49 55.31 58.44 64.61 68.81
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield Forest Park Indian Orchard Liberty Heights McKnight Memorial Square Metro Center Old Hill Pine Point Six Corners (Maple High/Six Corners) Sixteen Acres South End	Freq. 33 80 53 49 68 216 65 65 15 5 5 5 8 10 38 75 51	Percent 2.72 6.58 4.36 4.03 5.60 17.78 5.35 5.35 1.23 0.41 0.41 0.41 0.66 0.82 3.13 6.17 4.20	Cum. 2.72 9.30 13.66 17.70 23.29 41.07 46.42 51.77 53.00 53.42 53.83 54.49 55.31 58.44 64.61 68.81 69.38
8) What neighborhood do you live in? 8. What neighborhood do you live in? Bay Boston Road Brightwood East Forest Park East Springfield Forest Park Indian Orchard Liberty Heights McKnight Memorial Square Metro Center Old Hill Pine Point Six Corners (Maple High/Six Corners) Sixteen Acres South End Upper Hill	Freq. 33 80 53 49 68 216 65 65 15 5 5 5 8 10 38 75 51 7	Percent 2.72 6.58 4.36 4.03 5.60 17.78 5.35 5.35 1.23 0.41 0.41 0.41 0.41 0.66 0.82 3.13 6.17 4.20 0.58	Cum. 2.72 9.30 13.66 17.70 23.29 41.07 46.42 51.77 53.00 53.42 53.83 54.49 55.31 58.44 64.61

<ol><li>Description of grades at school</li></ol>	Freq.	Percent	Cum.
Mostly A's	263	21.04	21.04
Mostly B's	393	31.44	52.48
Mostly C's	323	25.84	78.32
Mostly D's	119	9.52	87.84
Mostly F's	75	6.00	93.84
None of these grades	3	0.24	94.08
Not sure	74	5.92	100.00

#### 10-11) BMI Categories

BMI categories	Freq.	Percent	Cum.
Underweight	33	3.87	3.87
Normal weight	474	55.57	59.44
Overweight	200	23.45	82.88
Obese	146	17.12	100.00

Note : BMI categories were determined using CDC guidelines for children and teens

### 12) During the past 7 days, on how many days were you physically active for a total of at least 60

**minutes per day?** (Add up all the time you spent in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)

12. Number of days physically active for at least 60 mins	Freq.	Percent	Cum.
0 days	192	15.71	15.71
1 days	125	10.23	25.94
2 days	162	13.26	39.20
3 days	156	12.77	51.96
4 days	136	11.13	63.09
5 days	179	14.65	77.74
6 days	55	4.50	82.24
7 days	217	17.76	100.00

### **13)** Do you have any physical disabilities or long-term health problems? ("Long-term" refers to difficulties that have lasted or are expected to last 6 months or more.)

13. Physical disability or long term health problems	Freq.	Percent	Cum.
Yes	145	11.71	11.71
No	874	70.60	82.31
Not sure	219	17.69	100.00

#### 14) How strongly do you agree or disagree with the following statements about this school?

14) How strongly up you agree of disagree with the				
14. Treated same regardless of race, ethnicity, or culture at school		Freq.	Percent	Cum.
Strongly Agree		303	24.55	24.55
Agree		492	39.87	64.42
Disagree		289	23.42	87.84
Strongly Disagree		150	12.16	100.00
14. Boys and girls are treated same at school	Freq.	Percer	nt	Cum.
Strongly Agree	315	25.5	3	25.53
Agree	503	40.7	6	66.29
Disagree	314	25.4	5	91.73
Strongly Disagree	102	8.2	7	100.00

14. Treated the same regardless of gender identity/expression, or sexual orientation	Freq.	Percent	Cum.
Strongly Agree	304	24.64	24.64
Agree	530	42.95	67.59
Disagree	295	23.91	91.49
Strongly Disagree	105	8.51	100.00

**15)** During the <u>past 30 days</u>, where did you <u>usually</u> sleep at night? (Choose ONE. If more than one place, choose the one where you slept most often.)

15. Where participant usually sleeps at night	Freq.	Percent	Cum.
I did not have a usual place to sleep	7	0.57	0.57
In a car, park, campground, or other public space	4	0.32	0.89
In a foster home or residential placement	19	1.53	2.42
In a hotel/motel	3	0.24	2.67
In a shelter or emergency housing	8	0.65	3.31
In my parent's or guardian's home	1172	94.67	97.98
Somewhere else	17	1.37	99.35
With friends, family, or other people because we lost	8	0.65	100.00
our home or cannot afford housing			

#### 16) During the past 30 days, on how many days did you smoke cigarettes?

To burning the past so days, on now many days and	To burning the <u>past of days</u> , on now many days did you shoke eightettes:					
16. Cigarette use in the past 30 days	Freq.	Percent	Cum.			
0 days	1214	97.90	97.90			
1 or 2 days	8	0.65	98.55			
3 to 5 days	3	0.24	98.79			
6 to 9 days	3	0.24	99.03			
10 to 19 days	2	0.16	99.19			
20 to 29 days	1	0.08	99.27			
All 30 days	9	0.73	100.00			

**17) During the** <u>past 30 days</u>, how many days have you had at least one alcoholic drink? This includes drinking beer, wine, wine coolers, hard lemonade, hard cider, and liquor such as rum, gin, vodka, or whiskey. Drinking alcohol does not include drinking a few sins of wine for religious purposes.

17. Alcohol use in the past 30 days	Freq.	Percent	Cum.
0 days	1124	91.01	91.01
1 or 2 days	72	5.83	96.84
3 to 5 days	13	1.05	97.89
6 to 9 days	9	0.73	98.62
10 to 19 days	2	0.16	98.79
20 to 29 days	7	0.57	99.35
All 30 days	8	0.65	100.00

18) During the past 30 days, how many times did you use marijuana? Marijuana is also called dope,

grass, hashish, herb, joint, pot, weed, reefer. It inclu	udes blunts and cigars	s filled with marijuana.	
18. Marijuana use in the past 30 days	Freq.	Percent	Cum.
0 times	1116	90.29	90.29
1 or 2 times	58	4.69	94.98
3 to 9 times	21	1.70	96.68
10 to 19 times	10	0.81	97.49
20 to 39 times	4	0.32	97.82
40 or more times	27	2.18	100.00

The next questions ask about the food you ate or drank yesterday. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

**19)** <u>Yesterday</u>, how many times did you eat vegetables? *DEFINITION*: Count all cooked and uncooked vegetables; salads; and boiled, baked and mashed potatoes. Do <u>NOT</u> count french fries, potato chips, or lettuce that is on a sandwich or sub.

19. Times participant ate vegetables yesterday	Freq.	Percent	Cum.
l did not eat vegetables yesterday	533	43.02	43.02
1 time	312	25.18	68.20
2 times	219	17.68	85.88
3 or more times	175	14.12	100.00

#### 20) <u>Yesterday</u>, how many times did you eat fruit? (Do <u>NOT</u> count fruit juice).

Freq.	Percent	Cum.
401	32.39	32.39
307	24.80	57.19
262	21.16	78.35
268	21.65	100.00
	401 307 262	401 32.39   307 24.80   262 21.16

The next questions ask about how you feel and people in your life you can talk to about your feelings.

# 21) During the <u>past 12 months</u>, have you felt you needed to talk to <u>an adult</u> about how you were feeling, how things were going in your life, or problems you might have had?

21. Needed to talk to an adult	Freq.	Percent	Cum.
No	722	58.27	58.27
Yes	517	41.73	100.00

### **22)** During the past 12 months, did you talk to any of the following people about things like that? (Respondents are among those who answered "Yes to question 21.)

	Frequency	Percent of participants
Adult family member	310	78.48
School psychologist, counselor, nurse	167	42.28
Teacher or other adult at school	129	32.66
Psychologist, therapist, counselor	140	35.44
Other adult	107	27.09

#### N= 395

## 23) Over the <u>last 2 weeks</u>, how often have you been bothered by feeling nervous, anxious or on edge? Would you say this happens...

23. How often participant felt nervous, anxious, or on	Freq.	Percent	Cum.
edge in the last 2 weeks			
never	444	36.13	36.13
for several days	277	22.54	58.67
for more than half the days	107	8.71	67.37
nearly every day	174	14.16	81.53
don't know/not sure	227	18.47	100.00

# 24) During the <u>past 12 months</u>, did you ever feel so sad or hopeless almost every day for <u>two weeks or</u> <u>more in a row</u> that you stopped doing some usual activities?

24. Felt sad or hopeless almost every day for two weeks or more in a row in past	Freq.	Percent	Cum.
No	797	64.85	64.85
Yes	432	35.15	100.00

**25)** During the <u>past 12 months</u>, did you ever seriously consider attempting suicide? Sometimes people feel so sad or hopeless about their life or their future that they may consider attempting suicide, that is, taking some action to end their own life.

25. Considered attempting suicide in the past 12 months	Freq.	Percent	Cum.
No	1027	84.74	84.74
Yes	185	15.26	100.00

26) During the <u>past 30 days</u>, how many days did you <u>not</u> go to school because you felt you would be unsafe at school or on your way to or from school?

26. Number of days participant did not go to	Freq.	Percent	Cum.
school because they felt unsafe in school			
0 days	969	78.91	78.91
1 day	103	8.39	87.30
2 or 3 days	97	7.90	95.20
4 or 5 days	26	2.12	97.31
6 or more days	33	2.69	100.00

The next questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is <u>not</u> bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

# 27) During the <u>past 12 months</u>, how many times have you been bullied at school or on your way to or from school?

27. Number of times bullied at school or on way to school	Freq.	Percent	Cum.
0 times	896	73.50	73.50
1 time	110	9.02	82.53
2 or 3 times	84	6.89	89.42
4 or 5 times	40	3.28	92.70
6 or 7 times	26	2.13	94.83
8 or 9 times	9	0.74	95.57
10 or 11 times	3	0.25	95.82
12 or more times	51	4.18	100.00

**28) During the** <u>past 12 months</u>, have you ever been electronically bullied? (Include being bullied through e-mail. chat rooms, instant messaging. Web sites, texting or online gaming.)

		• /	-
28. Electronically bullied in the past 12	Freq.	Percent	Cum.
months	·		
No	1072	87.73	87.73
Yes	150	12.27	100.00

The next question is about sex. By sex we mean vaginal, oral or anal sex.

29) How old were you when you had sex for the first time? (If you have never had sex, select "I have	
never had sex".)	

29. Age at first time having sex	Freq.	Percent	Cum.
11 years old or younger	49	4.02	4.02
12 years old	26	2.13	6.16
13 years old	61	5.01	11.17
14 years old or older	40	3.28	14.45
I have never had sex	1042	85.55	100.00

The next questions are about gambling. People bet money on many different things such as card games, sports or video arcade games.

Engaged in any gambling activity in the past 12 months?	Freq.	Percent	Cum.
Yes	373	29.44	29.44
No/Don't Know	894	70.56	100.00

#### 30) Frequency of gambling in the past 12 months:

30. Frequency of gambling- <b>Lottery tickets</b>	Freq.	Percent	Cum.
Not at all	1088	89.47	89.47
Less than 10 times in total	29	2.38	91.86
Once a month	14	1.15	93.01
2-3 times a month	7	0.58	93.59
Once a week	6	0.49	94.08
2-3 times a week	4	0.33	94.41
4 or more times a week	6	0.49	94.90
Refused/don't know	62	5.10	100.00

30. Frequency of gambling- <b>Betting on sports</b>	Freq.	Percent	Cum.
Not at all	1034	85.60	85.60
Less than 10 times in total	75	6.21	91.80
Once a month	27	2.24	94.04
2-3 times a month	11	0.91	94.95
Once a week	11	0.91	95.86
2-3 times a week	4	0.33	96.19
4 or more times a week	11	0.91	97.10
Refused/don't know	35	2.90	100.00

30. Frequency of gambling- <b>poker or other card</b> games	Freq.	Percent	Cum.
Not at all	1099	90.98	90.98
Less than 10 times in total	38	3.15	94.12
Once a month	9	0.75	94.87
2-3 times a month	12	0.99	95.86
Once a week	4	0.33	96.19
2-3 times a week	8	0.66	96.85
4 or more times a week	10	0.83	97.68
Refused/don't know	28	2.32	100.00

30. Frequency of gambling- <b>Betting money on games of</b> <b>kill</b>	Freq.	Percent	Cun
Not at all	1023	84.69	84.6
Less than 10 times in total	83	6.87	91.5
Once a month	25	2.07	93.6
2-3 times a month	17	1.41	95.0
Once a week	6	0.50	95.5
2-3 times a week	6	0.50	96.0
4 or more times a week	20	1.66	97.6
Refused/don't know	28	2.32	100.0
30. Frequency of gambling-online gambling without money	Freq.	Percent	Cur
Not at all	1025	84.99	84.9
Less than 10 times in total	64	5.31	90.3
Once a month	21	1.74	92.0
2-3 times a month	10	0.83	92.8
Once a week	10	0.83	93.7
2-3 times a week	12	1.00	94.6
4 or more times a week	24	1.99	96.6
Refused/don't know	40	3.32	100.0
30. Frequency of gambling-online gambling with money	Freq.	Percent	Cur
Not at all	1139	94.37	94.3
Less than 10 times in total	16	1.33	95.6
Once a month	8	0.66	96.3
2-3 times a month	2	0.00	96.5
Once a week	5	0.41	96.9
2-3 times a week	5	0.41	97.3
4 or more times a week	8	0.41	98.0
Refused/don't know	24	1.99	100.0
30. Frequency of gambling-Horse or dog racing	Freq.	Percent	Cur
Not at all			
	1165	96.92	96.9
Less than 10 times in total	3	0.25	97.1
Once a month	1	0.08	97.2
2-3 times a month	2	0.17	97.4
Once a week	4	0.33	97.7
4 or more times a week Refused/don't know	4 23	0.33 1.91	98.0 100.0
30. Frequency of gambling- <b>Playing Bingo for money</b>	Freq.	Percent	Cur
Not at all	1060	87.68	87.6
Less than 10 times in total	67	5.54	93.2
Once a month	21	1.74	94.9
2-3 times a month	10	0.83	95.7
Once a week	11	0.91	96.6
2-3 times a week	1	0.08	96.7
4 or more times a week	10	0.83	97.6
Refused/don't know	29	2.40	100.0

30. Frequency of gambling- <b>Slot machines</b>	Freq.	Percent	Cum.
Not at all	1148	95.19	95.19
Less than 10 times in total	10	0.83	96.02
Once a month	5	0.41	96.43
2-3 times a month	4	0.33	96.77
Once a week	5	0.41	97.18
2-3 times a week	2	0.17	97.35
4 or more times a week	6	0.50	97.84
Refused/don't know	26	2.16	100.00

30. Frequency of gambling-Casino table games	Freq.	Percent	Cum.
Not at all	1143	94.85	94.85
Less than 10 times in total	20	1.66	96.51
Once a month	5	0.41	96.93
Once a week	3	0.25	97.18
2-3 times a week	4	0.33	97.51
4 or more times a week	7	0.58	98.09
Refused/don't know	23	1.91	100.00

30. Frequency of gambling- <b>Other type</b>	Freq.	Percent	Cum.
Not at all	1118	92.86	92.86
Less than 10 times in total	29	2.41	95.27
Once a month	11	0.91	96.18
2-3 times a month	5	0.42	96.59
Once a week	3	0.25	96.84
2-3 times a week	1	0.08	96.93
4 or more times a week	9	0.75	97.67
Refused/don't know	28	2.33	100.00

### 31) In the past 12 months, how often have you...

31. Frequency participant found themselves thinking about gambling/planning to gamble	Freq.	Percent	Cum.
	1050	07.67	07.67
Not at all	1059	87.67	87.67
Only sometimes	95	7.86	95.53
Quite a lot	15	1.24	96.77
Don't know	39	3.23	100.00
31. Frequency participant tried to cut down gambling	Freq.	Percent	Cum.
Not at all	1064	89.11	89.11
Only sometimes	14	1.17	90.28
Quite a lot	15	1.26	91.54
Don't know	101	8.46	100.00
31. Frequency participant lied to friends, family,	Freq.	Percent	Cum.
others about how much they gamble	•		
Not at all	1133	95.13	95.13
Only sometimes	15	1.26	96.39
Quite a lot	10	0.84	97.23
Don't know	33	2.77	100.00

### Modules

### SAFETY MODULE

#### **QUESTIONS ABOUT HOW YOU FEEL**

#### The next questions ask about hurting yourself on purpose and attempting suicide.

# 32) During the <u>past 12 months</u>, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?

manout manning to are, outin at outling, barning, or bruie	manout manting to are, outin as outling, burning, or braining youroen on purpose.						
32. Number of times participant did something to	Freq.	Percent	Cum.				
hurt themselves in past 12 months							
0 times	315	76.64	76.64				
1 time	34	8.27	84.91				
2 or 3 times	33	8.03	92.94				
4 or 5 times	13	3.16	96.11				
6 or more times	16	3.89	100.00				

#### 33) During the past 12 months, how many times did you actually attempt suicide?

boy burning the <u>pact 12 montho</u> , now many times and you dotadily attempt burdae.						
33. Number of times participant	Freq.	Percent	Cum.			
attempted suicide in past 12 months						
0 times	361	88.05	88.05			
1 time	26	6.34	94.39			
2 or 3 times	15	3.66	98.05			
4 or 5 times	4	0.98	99.02			
6 or more times	4	0.98	100.00			

**34)** If you attempted suicide during the <u>past 12 months</u>, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse? (Respondents are among those who selected "1 time" "2 or 3 times" "4 or 5 times" "6 or more times" for question 33)

34. Suicide attempt resulted in injury?	Freq.	Percent	Cum.
No	42	87.50	87.50
Yes	6	12.50	100.00

#### PERSONAL SAFETY

35) During the <u>past 12 months</u>, did you suffer a blow or jolt to your head while playing with a sports team (either during a game or during practice) which caused you to get "knocked out", have memory problems, double or blurry vision, headaches or "pressure" in the head, or nausea or vomiting?

35. Suffered a head injury while playing sports in the past 12 months	Freq.	Percent	Cum.
Yes	47	11.46	11.46
No	237	57.80	69.27
I did not play on a sports team during the past 12 months	126	30.73	100.00

### 36) If you suffered such a blow to your head during sports in the <u>past 12 months</u>, what happened?

(Respondents are among those who answered "Yes" to question 35)

36. What happened as a result of the head injury	Freq.	Percent	Cum.
I continued playing sports that day	19	41.30	41.30
l stopped playing sports that day, and also got checked by a doctor, nurse or health care provider	20	43.48	84.78
I stopped playing sports that day, but did NOT get checked by a doctor, nurse or health care provider	7	15.22	100.00

37. Frequency of wearing a seatbelt	Freq.	Percent	Cum.			
Never	28	6.83	6.83			
Rarely	37	9.02	15.85			
Sometimes	76	18.54	34.39			
Most of the time	118	28.78	63.17			
Always	151	36.83	100.00			

#### 37) How often to you wear a seatbelt when riding in a car driven by someone else?

These next two questions are about <u>experiencing</u> violence.

# 38) During the <u>past 12 months</u>, did a parent, adult caregiver, or other adult relative do any of the following to you?

Physically harmed by adult caregiver?	Freq.	Percent	Cum.
No	346	85.86	85.86
Yes	57	14.14	100.00
Yelled at by adult caregiver?	Freq.	Percent	Cum.
No	198	48.77	48.77
Yes	208	51.23	100.00
Ridiculed by an adult caregiver?	Freq.	Percent	Cum.
No	290	71.78	71.78
Yes	114	28.22	100.00

#### 39) During the past 12 months has anyone ever:

Tried to make you have sex or engage in other sexual activity against your will?	Freq.	Percent	Cum.
Yes	15	3.70	3.70
No	355	87.65	91.36
Don't Know	35	8.64	100.00
Physically forced you to have sex or other sexual	Freq.	Percent	Cum.
activity and succeeded?			
Yes	8	1.98	1.98
No	378	93.33	95.31
Don't Know	19	4.69	100.00
Pressured you to have sex or engage in other	Freq.	Percent	Cum.
sexual activity though harassment?			
Yes	10	2.46	2.46
No	383	94.33	96.80
Don't Know	13	3.20	100.00
Had sex with you when you were too drunk to say no?	Freq.	Percent	Cum.
Yes	4	0.99	0.99
No	391	96.54	97.53
Don't Know	10	2.47	100.00

This next question is about <u>witnessing</u> violence.

Freq.	Percent	Cum.
61	15.06	15.06
320	79.01	94.07
24	5.93	100.00
	24	24 5.93

#### 40) During the past 12 months, did you witness violence in your family?

#### **NEIGHBORHOOD SAFETY**

#### 41) How safe from crime do you consider your neighborhood to be?

41. How safe from crime participant considers their neighborhood?	Freq.	Percent	Cum.
Extremely safe	31	7.69	7.69
Safe	249	61.79	69.48
Unsafe	98	24.32	93.80
Extremely unsafe	25	6.20	100.00

# 42) Have you ever witnessed someone being physically harmed in your neighborhood (for example, with a gun, knife or other weapon, or in a physical fight)?

42: Have you ever witnessed someone being physically harmed in your neighborhood	Freq.	Percent	Cum.
No	278	68.98	68.98
Yes	125	31.02	100.00

#### **SEXUAL ACTIVITY**

These next questions ask you about sex. By sex we mean vaginal, oral or anal sex.

#### 43) During your life, with how many people have you had sex?

43. Number of sexual partners in participant's lifetime	Freq.	Percent	Cum.
1 person	32	7.94	7.94
2 people	8	1.99	9.93
3 people	5	1.24	11.17
4 people	2	0.50	11.66
5 people	1	0.25	11.91
6 or more people	7	1.74	13.65
I have never had sex	348	86.35	100.00

# **44) How would you describe the** <u>first time</u> **you had sex? Would you say that you** ...(Respondents are among those who selected one of the following answers for question 43: "1 person", "2 people", "3 people", "4 people", "5 people", "6 or more people")

44. Description of the first time participant had sex	Freq.	Percent	Cum.
Agree to have sex?	43	78.18	78.18
Did not want to have sex but it happened anyway?	8	14.55	92.73
Were forced to have sex?	4	7.27	100.00

**45)** The <u>first time</u> you had sex, were you... (Respondents are among those who selected one of the following answers to question 44: "Did not want to have sex but it happened anyway?", "Were forced to have sex?")

Verbally persuaded to have sex the first time?	Freq.	Percent	Cum.
No	7	58.33	58.33
Yes	5	41.67	100.00
Pressured through harassments/threats to have	Freq.	Percent	Cum.
sex the first time?			
No	8	66.67	66.67
Yes	4	33.33	100.00
Too drunk to say no the first time they had sex?	Freq.	Percent	Cum.
No	11	91.67	91.67
Yes	1	8.33	100.00
Physically forced to have sex the first time?	Freq.	Percent	Cum.
No	7	58.33	58.33
Yes	5	41.67	100.00

**46)** The <u>last time</u> you had sex, did you drink alcohol or use drugs beforehand? (Respondents are among those who selected one of the following answers for question 43: "1 person", "2 people", "3 people", "4 people", "5 people", "6 or more people")

46. Drank alcohol or used drugs beforehand the last time they had sex	Freq.	Percent	Cum.
No	47	85.45	85.45
Yes	8	14.55	100.00

**47)** The last time you had vaginal and/or anal sex, did you or your partner use a condom? (*Respondents are among those who selected one of the following answers for question 43: "1 person", "2 people", "3 people", "4 people", "5 people", "6 or more people"*)

47. Partner used a condom the last time they had sex	Freq.	Percent	Cum.
I have never had vaginal or anal sex	10	18.18	18.18
Yes	24	43.64	61.82
No	21	38.18	100.00

#### 48) The last time you had vaginal sex, what method(s) did you or your partner use to prevent

**pregnancy**? (Select all methods that you or your partner used.) (Respondents are among those who selected one of the following answers for question 43: "1 person","2 people","3 people","4 people","5 people","6 or more people")

Type of birth control used the last time they had sex	Freq.	Percent	Cum.
A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth	1	1.85	1.85
control ring (such as NuvaRing)			
An IUD (such as Mirena or ParaGard) or implant (such as Implanon or	1	1.85	3.70
Nexplanon)			
Birth control pills	4	7.41	11.11
Condoms	21	38.89	50.00
I have never had vaginal sex	11	20.37	70.37
No method was used to prevent pregnancy	5	9.26	79.63
Not sure	6	11.11	90.74
Withdrawal or some other method	5	9.26	100.00

The next questions are about sexual education.

+) have you ever been taught in school about how to use t			
49. Taught about how to use condoms in school?	Freq.	Percent	Cum.
Yes	187	46.40	46.40
No	191	47.39	93.80
Not sure	25	6.20	100.00

#### 49) Have you ever been taught in school about how to use condoms?

#### 50) Have you ever had sex education in school?

boy have you ever had sex education in school.			
50. Had sex education in school	Freq.	Percent	Cum.
Yes	211	52.23	52.23
No	172	42.57	94.80
Not sure	21	5.20	100.00

## 51) Have your parents or other adults in your family <u>ever</u> talked to you about what they expect you to do or not to do when it comes to sex?

51. Talked about expectations regarding sex with parent of	Freq.	Percent	Cum.
other adult family member			
Yes	191	47.63	47.63
No	171	42.64	90.27
Not sure	39	9.73	100.00

### SUBSTANCE USE MODULE

#### **QUESTIONS ABOUT ALCOHOL**

The next questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, hard lemonade, hard cider, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes. One alcoholic drink would be one beer, cider, or wine cooler, one glass of wine, one shot of liquor, one cocktail.

#### 52) How old were you when you had your first alcoholic drink other than a few sips?

52. Age of first alcoholic beverage	Freq.	Percent	Cum.
I have never had a drink of alcohol	251	72.13	72.13
8 years old or younger	23	6.61	78.74
9 or 10 years old	13	3.74	82.47
11 or 12 years old	21	6.03	88.51
13 or 14 years old	34	9.77	98.28
15 or 16 years old	4	1.15	99.43
17 years old or older	2	0.57	100.00

**53)** During the past 30 days, have you had 4 or more alcoholic drinks in a row, that is, within a couple hours? (Respondents are among those who chose one of the following answers for question 52: "8 years old or younger", "9 or 10 years old", "11 or 12 years old", "13 or 14 years old", "15 or 16 years old", "17 years old or older")

53. Binge drinking in the past 30 days	Freq.	Percent	Cum.
No	88	90.72	90.72
Yes	9	9.28	100.00

Out of total respondents to question 52:			
Number of days binge drinking in the past 30 days	Freq.	Percent	Cum.
No	339	97.41	97.41
Yes	9	2.59	100.00

## 54) There are many different ways to get beer, wine coolers, wine, or liquor. Which of the following are how you get alcohol?

Methods of getting alcohol	Frequency	Percent of Participants
Bought at supermarket, convenience store, etc.	12	22.64
Bought it from a liquor store	13	24.53
Bought it from bars, clubs, restaurants	6	11.32
Someone else bought it	20	37.74
Friends	17	32.08
Home	24	45.28
Parties	31	58.49

Total number of respondents: 53 (Respondents were able to choose more than one method)

# 55) During the <u>past 30 days</u>, did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

55. Rode in car with driver who had been drinking	Freq.	Percent	Cum.
No	309	89.57	89.57
Yes	36	10.43	100.00

#### **DRUG QUESTIONS**

The next questions are about marijuana use. Marijuana is also called dope, grass, hashish, herb, joint, pot, weed or reefer. It includes blunts and cigars filled with marijuana.

#### 56) How old were you when you tried marijuana for the first time?

56: How old were you when you tried marijuana for the first time?	Freq.	Percent	Cum.
l have never tried marijuana	291	84.10	84.10
8 years old or younger	4	1.16	85.26
9 or 10 years old	6	1.73	86.99
11 or 12 years old	15	4.34	91.33
13 or 14 years old	27	7.80	99.13
15 years old or older	3	0.87	100.00

**57)** During the <u>past 30 days</u>, how did you <u>usually</u> get marijuana that you used? (Choose ONE. If you got it from more than one place, choose the one where you got it most often.) (Respondents are among those who chose one of the following answers for question 56: "8 years old or younger", "9 or 10 years old", "11 or 12 years old", "13 or 14 years old", "15 years old or older")

57. Method of getting marijuana in the past 30 days	Freq.	Percent	Cum.
I bought it from someone else	9	16.67	16.67
I did not use marijuana in the past 30 days	26	48.15	64.81
I got it at home with permission from a parent or family member over	2	3.70	68.52
the age of 21			
l got it from friends	7	12.96	81.48
l got it some other way	6	11.11	92.59
I took it at home without permission from a parent or family member	3	5.56	98.15
over the age of 21			
I took it at some other place without permission	1	1.85	100.00

**58) During the <u>past 30 days</u>, how did you <u>usually</u> use marijuana? (Choose ONE. If you used it more than one way, choose the way you used it most often.) (Respondents are among those who chose one of the following answers for question 56: "8 years old or younger", "9 or 10 years old", "11 or 12 years old", "13 or 14 years old", "15 years old or older")** 

58. Method of using marijuana in the past 30 days	Freq.	Percent	Cum.
I did not use marijuana in the past 30 days	30	55.56	55.56
Smoked it in a cigar or blunt wrap	14	25.93	81.48
Smoked it in a joint, pipe, bong, or dab	4	7.41	88.89
Used it some other way	2	3.70	92.59
Vaped it (in an e-cigarette, vape pen, vaporizer)	4	7.41	100.00

# 59) During the <u>past 30 days</u>, did you ever <u>ride</u> in a car or other vehicle driven by someone who had been using marijuana?

59. Rode in car driven by someone using marijuana	Freq.	Percent	Cum.
No	278	81.05	81.05
Yes	65	18.95	100.00

# 60) During the <u>past year</u>, have your parent(s) or guardian(s) talked to you about the potential negative consequences of using marijuana?

60. Did parents talk about the negative consequences of marijuana	Freq.	Percent	Cum.
Yes, a number of times	124	36.36	36.36
Yes, once	56	16.42	52.79
No	114	33.43	86.22
l don't remember	47	13.78	100.00

#### 61) Does anyone who lives with you now use marijuana?

61. Lives with someone who uses marijuana	Freq.	Percent	Cum.
Yes	82	24.05	24.05
No	214	62.76	86.80
I don't know	45	13.20	100.00

The next questions are about taking prescription drugs that were not prescribed to you.

62) During your <u>lifetime</u> , have you ever taken prescription drugs that weren't your own?							
62. Ever taken prescription drugs	Freq.	Percent	Cum.				
that weren't their own in lifetime	•						
No	312	90.96	90.96				
Yes	31	9.04	100.00				

### 62) During your lifetime, have you ever taken prescription drugs that weren't your own?

**63)** During the <u>lifetime</u>, have you taken any of the following prescription drugs have you taken that weren't your own?(*Respondents are among those who answered "Yes" to question 62.*)

63. Lifetime ı	narcotics use		Freq.		Percent		Cum.
YES			7		23.33		23.33
NO			23		76.67		100.00
Out of total re	spondents to question 62:						
	63. Lifetime narcotics use	Freq.	Percent	Cum.			
	YES	7	2.05	2.05			
	NO	335	97.95	100.00			
63. Lifetime I	Ritalin use		Freq.		Percent		Cum.
YES			7		23.33		23.33
NO			23		76.67		100.00
Out of total re	spondents to question 62:						
	63. Lifetime Ritalin use	Freq.	Percent	Cum.			
	YES	7	2.05	2.05			
	NO	335	97.95	100.00			
63. Lifetime	steroids use		Freq.		Percent		Cum.
YES			2		6.67		6.67
NO			28		93.33		100.00
Out of total re	spondents to question 62:						
	63. Lifetime steroids use	Freq.	Percent	Cum.			
	YES	2	0.58	0.58			
	NO	340	99.42	100.00			
63. Lifetime	use of other prescription drug	S		Fre	q.	Percent	Cum.
YES	· · · · · · · · · · · · · · · · · · ·				14	48.28	48.28
NO					15	51.72	100.00
Out of total re	spondents to question 62:						
		Freq.	Percent	Cum.			
	63. Lifetime use of other	ricq.					
	53. Lifetime use of other prescription drugs YES	14	4.11	4.11			

64. Use of pi	rescription drugs that weren'	their ow	n in past 30	days	Freq.	Percent	Cum.
No					17	56.67	56.67
Yes					13	43.33	100.00
Out of total res	spondents to question 62:						
	64. Use of prescription			Cum.			
	drugs that weren't their	Freq.	Percent				
	own in past 30 days						
	No	329	96.20	96.20			
	Yes	13	3.80	100.00			

#### 64) During the past 30 days, have you taken prescription drugs that weren't your own?

# **65)** During the <u>past 30 days</u>, which of the following prescription drugs have you taken that weren't your own? (*Respondents are among those who answered "Yes" to question 64.*)

65. Used na	rcotics in the past 30 days			Freq.	Percent	Cum.
YES				3	23.08	23.08
NO				10	76.92	100.00
Out of total r	espondents to question 64:					
	65. Used narcotics in the			Cum.		
	past 30 days	Freq.	Percent			
	YES	3	10.00	10.00		
	NO	27	90.00	100.00		
65 Used Rit	alin in the past 30 days			Freq.	Percent	Cum
YES				3	23.08	23.08
NO				10	76.92	100.00
	espondents to question 64:					
	65. Used Ritalin in the			Cum.		
	past 30 days	Freq.	Percent			
	YES	3	10.00	10.00		
	NO	27	90.00	100.00		
65 Used ste	eroids in the past 30 days			Frea	Percent	Cum
	eroids in the past 30 days			Freq. 1	Percent 7 69	
YES	eroids in the past 30 days			1	7.69	7.69
YES NO						7.69
YES NO	espondents to question 64:			1 12	7.69	7.69
YES NO	espondents to question 64: 65. Used steroids in the	Freq.	Percent	1	7.69	7.69
YES NO	espondents to question 64: 65. Used steroids in the past 30 days	Freq.		1 12 Cum.	7.69	7.69
YES NO	espondents to question 64: 65. Used steroids in the		Percent 3.33 96.67	1 12	7.69	7.69
YES NO Out of total r	espondents to question 64: 65. Used steroids in the past 30 days YES NO	1 29	3.33 96.67	1 12 Cum. 3.33 100.00	7.69 92.31	7.69 100.00
YES NO <b>Out of total r</b> 65. Used ot	espondents to question 64: 65. Used steroids in the past 30 days YES	1 29	3.33 96.67	1 12 Cum. 3.33 100.00 Freq.	7.69 92.31 Percent	7.69 100.00
YES NO Out of total r	espondents to question 64: 65. Used steroids in the past 30 days YES NO	1 29	3.33 96.67	1 12 Cum. 3.33 100.00	7.69 92.31	7.69 100.00 Cum 38.46
YES NO <b>Out of total r</b> 65. Used otl YES NO	espondents to question 64: 65. Used steroids in the past 30 days YES NO her prescription drugs in the pas	1 29	3.33 96.67	1 12 Cum. 3.33 100.00 Freq. 5	7.69 92.31 Percent 38.46	7.69 100.00 Cum 38.46
YES NO <b>Out of total r</b> 65. Used otl YES NO	espondents to question 64: 65. Used steroids in the past 30 days YES NO her prescription drugs in the pase espondents to question 64: 65. Used other prescription	1 29	3.33 96.67 /s	1 12 Cum. 3.33 100.00 Freq. 5	7.69 92.31 Percent 38.46	7.69 100.00 Cum 38.46
YES NO <b>Out of total r</b> 65. Used otl YES NO	espondents to question 64: 65. Used steroids in the past 30 days YES NO her prescription drugs in the past espondents to question 64: 65. Used other prescription drugs in the past 30 days	1 29 st 30 day Freq.	3.33 96.67 /s Percent	1 12 Cum. 3.33 100.00 Freq. 5 8 Cum.	7.69 92.31 Percent 38.46	7.69 100.00 Cum 38.46
YES NO Out of total r 65. Used otl YES NO	espondents to question 64: 65. Used steroids in the past 30 days YES NO her prescription drugs in the pase espondents to question 64: 65. Used other prescription	1 29 st 30 day	3.33 96.67 /s Percent 16.67	1 12 Cum. 3.33 100.00 Freq. 5 8	7.69 92.31 Percent 38.46	Cum 7.69 100.00 00 00 38.46 100.00

#### **QUESTIONS ABOUT TOBACCO**

The next questions ask about tobacco use.

#### 66) Have you ever tried cigarette smoking, even one or two puffs?

66. Ever tried smoking a cigarette	Freq.	Percent	Cum.				
No	317	91.35	91.35				
Yes	30	8.65	100.00				

67) Does anyone who lives with you currently use tobacco (e.g. cigarettes, cigars, electronic vapor products, chew, dip, snus, pipe tobacco)?

67. Someone in the home uses tobacco	Freq.	Percent	Cum.
Yes	90	25.94	25.94
No	223	64.27	90.20
l don't know	34	9.80	100.00

68) Have you ever used chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs?

Freq.	Percent	Cum.
340	98.27	98.27
6	1.73	100.00
	Freq.	Freq. Percent   340 98.27   6 1.72

#### 69) Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs?

No 327 94.51 94.51				
	69. Ever smoked cigars	Freq.	Percent	Cum.
Yes 19 5.49 100.00	No		94.51	94.51
100.00	Yes	19	5.49	100.00

The next questions are about electronic vapor products. Electronic vapor products include JUUL, e-cigarettes, e-cigars, e-pipes, vapes pipes, vaping pens, e-hookahs, and hookah pens.

#### 70) Have you ever tried an electronic vapor product, even on or two puffs?

70. Ever tried electronic vapor product	Freq.	Percent	Cum.
No	266	76.88	76.88
Yes	80	23.12	100.00

71) During the <u>past 30 days</u>, did the tobacco product(s) (including cigarettes, cigars, electronic vapor products, chew, dip, snus, pipe tobacco) you used contain a flavor such as cherry, vanilla, citrus, peach, piña colada, bubble gum, blue mist, fizzy pop, etc.? NOTE: Do NOT include regular tobacco or menthol, mint, or wintergreen.

71. Used tobacco products that contain a flavor in the past 30 days	Freq.	Percent	Cum.
I did not use any tobacco products during the past 30 days	132	38.48	38.48
Yes	16	4.66	43.15
No	187	54.52	97.67
I don't know	8	2.33	100.00

sinokeless, and electronic vapor products): (one		
Where participants purchased tobacco	Frequency	Percent of participants
Did not use tobacco in past 30 days	296	92.79
Convenience store, supermarket	3	0.94
Vape shop or vape store	4	1.25
someone else bought it for me	9	2.82
A friend	15	4.70
A family friend	11	3.45
Online	3	0.94
Some other way	9	2.82

72) During the <u>past 30 days</u>, how did you get your tobacco products (this includes cigarettes, cigars, smokeless, and electronic vapor products)? (CHOOSE ALL THAT APPLY)

Total number of respondents: 319 (Respondents were able to choose more than one method)

73) How easy or difficult would it be for you to get each of the following?
---

73. Ease of getting: Alcohol	Freq.	Percent	Cum.
VERY EASY	29	8.95	8.95
FAIRLY EASY	30	9.26	18.21
FAIRLY DIFFICULT	21	6.48	24.69
VERY DIFFICULT	23	7.10	31.79
IMPOSSIBLE	103	31.79	63.58
DON'T KNOW	118	36.42	100.00
73. Ease of getting: Marijuana	Freq.	Percent	Cum.
VERY EASY	26	8.00	8.00
FAIRLY EASY	23	7.08	15.08
FAIRLY DIFFICULT	15	4.62	19.69
VERY DIFFICULT	26	8.00	27.69
IMPOSSIBLE	126	38.77	66.46
DON'T KNOW	109	33.54	100.00
73. Ease of getting: <b>Tobacco</b>	Freq.	Percent	Cum.
VERY EASY	19	5.85	5.85
FAIRLY EASY	23	7.08	12.92
FAIRLY DIFFICULT	13	4.00	16.92
VERY DIFFICULT	15	4.62	21.54
IMPOSSIBLE	141	43.38	64.92
DON'T KNOW	114	35.08	100.00

#### 74) How much do you think people risk harming themselves if they occasionally use:

74. Risk of using: <b>Tobacco</b>	Freq.	Percent	Cum.
NO RISK	40	12.46	12.46
SLIGHT RISK	38	11.84	24.30
MODERATE RISK	91	28.35	52.65
GREAT RISK	152	47.35	100.00
74. Risk of using: <b>Vape</b>	Freq.	Percent	Cum.
NO RISK	62	19.14	19.14
SLIGHT RISK	68	20.99	40.12
MODERATE RISK	89	27.47	67.59
GREAT RISK	105	32.41	100.00

74. Risk of using: Marijuana	Freq.	Percent	Cum.
NO RISK	69	21.56	21.56
SLIGHT RISK	66	20.63	42.19
MODERATE RISK	71	22.19	64.38
GREAT RISK	114	35.63	100.00
74. Risk of using: Narcotics	Freq.	Percent	Cum.
NO RISK	46	14.47	14.47
SLIGHT RISK	29	9.12	23.58
MODERATE RISK	62	19.50	43.08
GREAT RISK	181	56.92	100.00
74. Risk of using: Ritalin	Freq.	Percent	Cum.
NO RISK	57	18.21	18.21
SLIGHT RISK	42	13.42	31.63
MODERATE RISK	89	28.43	60.06
GREAT RISK	125	39.94	100.00

### LIFESTYLE MODULE

**75)** On an average <u>school day</u>, how many hours do you play video or computer games or use a computer for something that is not school work? (*Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.*)

Social media on your smartphone, computer, xbox, PlayStation, iPau, or oth	lei labiel.)		
75. Number of hours playing video games/other electronics on an	Freq.	Percent	Cum.
average school day			
l do not play video or computer game or use a computer for	48	12.44	12.44
something that is not schoolwork			
Less than 1 hour per day	59	15.28	27.72
1 hour per day	19	4.92	32.64
2 hours per day	49	12.69	45.34
3 hours per day	47	12.18	57.51
4 hours per day	40	10.36	67.88
5 or more hours per day	124	32.12	100.00

76) Now think about the current school year. On average, how frequently did you walk or bike to get to and/or from home from school?

76. Frequency of walking or biking to school	Freq.	Percent	Cum.
Not at all	162	42.41	42.41
Less than once a month	30	7.85	50.26
At least once a month	17	4.45	54.71
At least once a week	35	9.16	63.87
Most or all days	138	36.13	100.00

77) How much do you agree or disagree with the following statement? "I can easily access opportunities to be physically active."

77. 'I can easily access opportunities for physical activity'?	Freq.	Percent	Cum.
Strongly disagree	46	12.17	12.17
Disagree	30	7.94	20.11
Neither agree nor disagree	70	18.52	38.62
Agree	157	41.53	80.16
Strongly agree	75	19.84	100.00

grape juice? (Do <u>NOT</u> count punch, Kool-Ald, sports drinks, or other truit-flavored drinks.)				
78.Number of times participant drank fruit juice the day before	Freq.	Percent	Cum.	
1 time	98	25.45	25.45	
2 times	73	18.96	44.42	
3 or more times	61	15.84	60.26	
l did not drink 100% fruit juice yesterday	153	39.74	100.00	

78) <u>Yesterday</u> , how many times did you drink 100% fruit juices such as orange juice, apple juice, or
grape juice? (Do <u>NOT</u> count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

79) <u>Yesterday</u>, how many times did you drink a <u>can, bottle, or glass of soda or pop</u>, such as Coke, Pepsi, or Sprite, or a <u>sugar-sweetened beverage</u> such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight? (Do NOT count 100% fruit juice or diet soda.)

79. Number of times drinking sugar sweetened beverage the day before	Freq.	Percent	Cum.
I did not drink soda or sugar-sweetened beverages yesterday	118	31.22	31.22
1 time	125	33.07	64.29
2 times	79	20.90	85.19
3 or more times	56	14.81	100.00

#### 80) On an average <u>school night</u>, how many hours of sleep do you get?

80: On an average school night, how many hours of sleep do you get?	Freq.	Percent	Cum.
4 or less hours	40	10.47	10.47
5 hours	49	12.83	23.30
6 hours	57	14.92	38.22
7 hours	79	20.68	58.90
8 hours	94	24.61	83.51
9 hours	42	10.99	94.50
10 or more hours	21	5.50	100.00

### **81) During the <b>past 12 months, where did you usually sleep at night?** (Choose ONE. If more than one place, choose the one where you slept most often.)

place, choose the one where you slept most often.)			
81. Sleep location in the past 12 months	Freq.	Percent	Cum.
l did not have a usual place to sleep	1	0.27	0.27
In a foster home or residential placement	9	2.42	2.69
In a hotel/motel	2	0.54	3.23
In a shelter or emergency housing	1	0.27	3.49
In my parent's or guardian's home	349	93.82	97.31
Somewhere else	6	1.61	98.92
With friends, family, or other people because we lost	4	1.08	100.00
our home or cannot afford housing			

## 82) When was the last time you saw a doctor, nurse, or other health professional for an annual check-up, physical, or wellness visit?

82. Last time the participant had an annual check-up,	Freq.	Percent	Cum.
physical, or wellness visit			
During the past 12 months	269	70.98	70.98
Between 12 and 24 months	28	7.39	78.36
More than 24 months ago	6	1.58	79.95
Never	5	1.32	81.27
Not sure	71	18.73	100.00

#### **QUESTIONS ABOUT ORAL HEALTH**

## 83) When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

83. Last time participant saw a dentist for a check-up, cleaning, etc.	Freq.	Percent	Cum.
During the past 12 months	273	72.03	72.03
Between 12 and 24 months ago	37	9.76	81.79
More than 24 months ago	10	2.64	84.43
Never	1	0.26	84.70
Not sure	58	15.30	100.00

#### 84) During the past 12 months, have you had a cavity in any tooth?

84. Had a cavity in the past 12 months	Freq.	Percent	Cum.
Yes	104	27.37	27.37
No	228	60.00	87.37
Not sure	48	12.63	100.00

#### **OTHER HEALTH-RELATED QUESTIONS**

85) During the <u>past 30 days</u>, have you done any of the following things to lose weight: Increased you intake of fruits and vegetables, reduced the number of calories you eat, cut out between meal snacking, decreased your fat intake, or exercise?

85. Engaged in positive weight loss behaviors	Freq.	Percent	Cum.
No	160	42.55	42.55
Yes	216	57.45	100.00

86) During the <u>past 30 days</u>, have you done any of the following things at least once to lost weight: fast (that is going 24 hours or more without eating), vomit or throw up on purpose after eating, take diet pills without a doctor's permission, or take laxatives?

86. Engaged in negative weight loss behaviors	Freq.	Percent	Cum.
No	314	84.18	84.18
Yes	59	15.82	100.00

87) During the past <u>7 days</u>, how many days did you do volunteer work, community service, or help people outside of your home without getting paid?

87. Volunteered in the past 7 days	Freq.	Percent	Cum.
0 days	269	71.73	71.73
1 or 2 days	73	19.47	91.20
3 or 4 days	16	4.27	95.47
5 or more days	17	4.53	100.00

88) During the <u>past 7 days</u>, how many days did you take part in organized art activities or programs (such as painting, drawing, pottery, sculpture, photography, graphic design, theater, acting, dance or any other supervised art-related activities, classes, groups, or programs)?

88. Participated in arts programs	Freq.	Percent	Cum.
0 days	229	61.23	61.23
1 or 2 days	88	23.53	84.76
3 or 4 days	24	6.42	91.18
5 or more days	33	8.82	100.00

# 89) During the <u>past 7 days</u>, how many days did you take part in organized music activities or programs (such as choir, band, music lessons, or any other supervised music-related activities or programs)?

(			
89. Participated in music programs	Freq.	Percent	Cum.
0 days	282	75.20	75.20
1 or 2 days	50	13.33	88.53
3 or 4 days	10	2.67	91.20
5 or more days	33	8.80	100.00

#### 90) During the past <u>7 days</u>, how many days did you sit down to dinner with your family?

<u> </u>			
90. Frequency having family dinner in the past 7 days	Freq.	Percent	Cum.
0 days	90	23.87	23.87
1 or 2 days	96	25.46	49.34
3 or 4 days	60	15.92	65.25
5 or more days	131	34.75	100.00

# 91) During the <u>past 30 days</u>, how often did you go to bed hungry because there was not enough food in your home?

91. Frequency of going to bed hungry in the past 30 days	Freq.	Percent	Cum.
Never	255	67.46	67.46
Rarely	73	19.31	86.77
Sometimes	42	11.11	97.88
Most of the time	5	1.32	99.21