## YHS 2019 (8th grade) Raw Frequency Tables

## Background

The Springfield Youth Health Survey (YHS) was administered to students in the Springfield Public Schools as part of the Springfield Youth Health Survey Initiative. The survey was administered by the Public Health Institute of Western Massachusetts in collaboration with initiative partners, who are involved with planning and implementing the survey. These partners, referred to as the Planning Team, include representatives from:

- Gándara Center
- Martin Luther King Jr. Family Services, including youth Peer Health Advocates
- Public Health Institute of Western MA
- Springfield Department of Health and Human Services
- Springfield Public Schools
- Other Experts - Elaine Puleo, PhD, (formerly University of Massachusetts, Department of Biostatistics and Epidemiology)

2019 Funders included:

- Mass Gaming Commission
- Shriners Hospital
- City of Springfield Department of Health and Human Services
- Baystate Health


## Methods

## Survey Design and Administration

The survey is a modified version of the MDPH YHS, adapted by the Planning Team based on local needs and priorities. The survey consisted of a set of core questions and three modules focusing on Substance Use, Lifestyle, and Safety. All students completed the core questions and were then randomized to one of the three modules. This table illustrates the number and percent of students assigned to each module.

| Modules | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Lifestyle | 416 | 32.89 | 32.89 |
| Safety Module | 452 | 35.73 | 68.62 |
| Substance Use | 397 | 31.38 | 100.00 |

The YHS was selected for use in Springfield because it is administered biannually by the Massachusetts Departments of Public Health (MDPH) and Elementary and Secondary Education (MDESE) to Massachusetts' public school students to develop MA-wide prevalence estimates. The MA YHS was developed by the Center for Survey Research of the University of Massachusetts-Boston (CSR) and MDPH and includes questions about general health, dieting
and eating habits, mental health, physical safety, other health issues, as well as risk and protective factors.
The survey was administered during a two-week period in February (2/4/19 to 2/15/19) to $8^{\text {th }}$ grade students enrolled in Springfield Public Schools. A total of $1,2678^{\text {th }}$ grade students completed the survey. The participation rate was estimated to be $72 \%$ using school enrollment to estimate total potential number of students who could complete the survey.

Students and guardians were able to opt out through a passive consent process. Students also had the ability to opt out of the survey voluntarily on the day of administration. Students took the survey online during school hours using SurveyGizmo. The schools had the discretion to determine when to administer the survey within this time period. Some schools chose to administer the survey on a single day and others chose to administer over multiple days.

## Data Cleaning

The following data cleaning procedures were implemented:

- Removed grades other than 8th grade with the exception of those with missing school grade data
- Dropped partially completed surveys
- The survey included an indicator variable for survey completeness. Blank surveys were flagged and dropped ( $\mathrm{n}=218$ ). Surveys with only the core module completed ( $\mathrm{n}=1$ ) were also flagged. This survey was dropped because the respondent only completed a few demographic questions.

The survey results presented in this document have not been evaluated for logical consistency. Logical consistency means that responses to related questions - such as drinking behaviors match or make sense logically. For example, if a student reported never drinking in the last 30 days in the core module, they should have also reported that they did not engage in binge drinking in the last 30 days in the Substance Use module. Results presented are based on how the students responded, and may include inconsistent reporting.

## Notes on Interpreting the Data

- Denominators for Questions with Skip Logic: Some questions used skip logic. This means that students were only asked some questions depending on how they responded to a previous question. If there was skip logic, the total number of respondents may be different because only some students got that question. Where applicable, the denominators are explicitly stated and should be interpreted accordingly.
- Missing Data: Not all students answered all questions so total number of respondents may vary for each question. In addition, some students were absent during the surveying period which may bias the results if these students are systematically different from their peers.
- Small Numbers: For some questions, there are few respondents for a given response category. Caution should be exercised when interpreting data based on small numbers.


## Results

## CORE QUESTIONS

| School Attended | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| School | 18 | 1.42 | 1.42 |
| Balliet | 71 | 5.60 | 7.02 |
| Chestnut Academy | 75 | 5.92 | 12.94 |
| Chestnut TAG | 50 | 35 | 16.89 |
| Conservatory | 144 | 11.37 | 28.26 |
| Duggan | 163 | 12.87 | 41.12 |
| Forest Park | 93 | 7.34 | 48.46 |
| Impact | 58 | 4.58 | 53.04 |
| Kennedy | 176 | 13.89 | 66.93 |
| Kiley | 11 | 0.87 | 67.80 |
| Public Day Middle | 64 | 5.05 | 72.85 |
| RISE | 98 | 7.73 | 80.58 |
| Renaissance | 85 | 6.71 | 87.29 |
| STEM | 42 | 3.31 | 90.61 |
| South End | 90 | 7.10 | 97.71 |
| Van Sickle | 29 | 2.29 | 100.00 |
| Zanetti |  |  |  |


| Language Survey was Completed In |  |  |  |
| :--- | ---: | ---: | ---: |
| Language in which survey was taken | Freq. | Percent | Cum. |
| English | 1219 | 96.36 | 96.36 |
| Spanish (United States) | 46 | 3.64 | 100.00 |

2) How old are you?

| 2. Student Age | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 11 years old or younger | 1 | 0.08 | 0.08 |
| 12 years old | 3 | 0.24 | 0.32 |
| 13 years old | 490 | 39.01 | 39.33 |
| 14 years old | 635 | 50.56 | 89.89 |
| 15 years old | 121 | 9.63 | 99.52 |
| 16 years old | 3 | 0.24 | 99.76 |
| 18 years old or older | 3 | 0.24 | 100.00 |

## 3) What is your race/ethnicity?

| Race and ethnicity | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| American Indian or Alaska Native Non-Hispanic | 11 | 0.89 | 0.89 |
| Asian Non-Hispanic | 42 | 3.38 | 4.27 |
| Black Non-Hispanic | 263 | 21.18 | 25.44 |
| Hispanic/Latino | 854 | 68.76 | 94.20 |
| Native Hawaiian or other Pacific Islander | 2 | 0.16 | 94.36 |
| White Non-Hispanic | 70 | 5.64 | 100.00 |

4) What is your sex?

| 4. Sex Identity | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Female | 632 | 50.40 | 50.40 |
| Male | 612 | 48.80 | 99.20 |
| I identify some other way | 10 | 0.80 | 100.00 |


| 5) Do you identify as transgender? |  |  |  |
| :--- | ---: | ---: | ---: |
| 5. Gender Identity | Freq. | Percent | Cum. |
| I am not sure if I am transgender | 21 | 1.69 | 1.69 |
| I do not know what this question is asking | 45 | 3.61 | 5.30 |
| No | 1160 | 93.17 | 98.47 |
| Yes | 19 | 1.53 | 100.00 |

6) Which of the following best describes you?

| 6. Sexual Orientation | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Bisexual | 120 | 9.65 | 9.65 |
| Gay or lesbian | 29 | 2.33 | 11.99 |
| Heterosexual (straight) | 1010 | 81.26 | 93.24 |
| Not sure | 84 | 6.76 | 100.00 |

7) What is the highest level of education your parents or guardians completed? (Mark the educational level of the parent or guardian who went the furthest in school.)

| 7. Highest Level of Parent Education Completed | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Did not finish high school | 212 | 17.18 | 17.18 |
| Graduated from high school | 255 | 20.66 | 37.84 |
| Attended college but did not complete four-year degree | 161 | 13.05 | 50.89 |
| Graduated from college | 296 | 23.99 | 74.88 |
| Don't know | 310 | 25.12 | 100.00 |

8) What neighborhood do you live in?

| 8. What neighborhood do you live in? | Freq. | Percent |  |
| :--- | ---: | ---: | ---: |
| Bay | 33 | 2.72 | Cum. |
| Boston Road | 80 | 6.58 | 2.72 |
| Brightwood | 53 | 4.36 | 13.66 |
| East Forest Park | 49 | 4.03 | 17.70 |
| East Springfield | 68 | 5.60 | 23.29 |
| Forest Park | 216 | 17.78 | 41.07 |
| Indian Orchard | 65 | 5.35 | 46.42 |
| Liberty Heights | 65 | 5.35 | 51.77 |
| McKnight | 15 | 1.23 | 53.00 |
| Memorial Square | 5 | 0.41 | 53.42 |
| Metro Center | 5 | 0.41 | 53.83 |
| Old Hill | 8 | 0.66 | 54.49 |
| Pine Point | 10 | 0.82 | 55.31 |
| Six Corners (Maple High/Six Corners) | 38 | 3.13 | 58.44 |
| Sixteen Acres | 75 | 6.17 | 64.61 |
| South End | 51 | 4.20 | 68.81 |
| Upper Hill | 7 | 0.58 | 69.38 |
| Idon't know the name of my neighborhood | 198 | 16.30 | 85.68 |
| Idon't live in Springfield | 17 | 1.40 | 87.08 |
| Other (Please specify) | 157 | 12.92 | 100.00 |

9) During the past 12 months, how would you describe your grades in school?

| 9. Description of grades at school | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Mostly A's | 263 | 21.04 | 21.04 |
| Mostly B's | 393 | 31.44 | 52.48 |
| Mostly C's | 323 | 25.84 | 78.32 |
| Mostly D's | 119 | 9.52 | 87.84 |
| Mostly F's | 75 | 6.00 | 93.84 |
| None of these grades | 3 | 0.24 | 94.08 |
| Not sure | 74 | 5.92 | 100.00 |

10-11) BMI Categories

| BMI categories | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Underweight | 33 | 3.87 | 3.87 |
| Normal weight | 474 | 55.57 | 59.44 |
| Overweight | 200 | 23.45 | 82.88 |
| Obese | 146 | 17.12 | 100.00 |

Note : BMI categories were determined using CDC guidelines for children and teens
12) During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)

| 12. Number of days physically active for at least 60 mins | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 days | 192 | 15.71 | 15.71 |
| 1 days | 125 | 10.23 | 25.94 |
| 2 days | 162 | 13.26 | 39.20 |
| 3 days | 156 | 12.77 | 51.96 |
| 4 days | 136 | 11.13 | 63.09 |
| S days | 179 | 14.65 | 77.74 |
| 6 days | 55 | 4.50 | 82.24 |
| 7 days | 217 | 17.76 | 100.00 |

13) Do you have any physical disabilities or long-term health problems? ("Long-term" refers to difficulties that have lasted or are expected to last 6 months or more.)

| 13. Physical disability or long term health problems | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Yes | 145 | 11.71 | 11.71 |
| No | 874 | 70.60 | 82.31 |
| Not sure | 219 | 17.69 | 100.00 |

14) How strongly do you agree or disagree with the following statements about this school?

| 14. Treated same regardless of race, ethnicity, or culture at school | Freq. | Percent | Cum. |  |
| :--- | ---: | ---: | ---: | ---: |
| Strongly Agree | 303 | 24.55 | 24.55 |  |
| Agree |  | 492 | 39.87 | 64.42 |
| Disagree | 289 | 23.42 | 87.84 |  |
| Strongly Disagree |  | 150 | 12.16 | 100.00 |
| 14. Boys and girls are treated same at school | Freq. | Percent |  |  |
| Strongly Agree | 315 | 25.53 | Cum. |  |
| Agree | 503 | 40.76 | 25.53 |  |
| Disagree | 314 | 25.45 | 66.29 |  |
| Strongly Disagree | 102 | 81.73 |  |  |


| 14. Treated the same regardless of gender <br> identity/expression, or sexual orientation | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Strongly Agree | 304 | 24.64 | 24.64 |
| Agree | 530 | 42.95 | 67.59 |
| Disagree | 295 | 23.91 | 91.49 |
| Strongly Disagree | 105 | 8.51 | 100.00 |

15) During the past 30 days, where did you usually sleep at night? (Choose ONE. If more than one place, choose the one where you slept most often.)

| 15. Where participant usually sleeps at night | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Idid not have a usual place to sleep | 7 | 0.57 | 0.57 |
| In a car, park, campground, or other public space | 4 | 0.32 | 0.89 |
| In a foster home or residential placement | 19 | 1.53 | 2.42 |
| In a hotel/motel | 3 | 0.24 | 2.67 |
| In a shelter or emergency housing | 8 | 0.65 | 3.31 |
| In my parent's or guardian's home | 1172 | 94.67 | 97.98 |
| Somewhere else | 17 | 1.37 | 99.35 |
| With friends, family, or other people because we lost | 8 | 0.65 | 100.00 |
| our home or cannot afford housing |  |  |  |

16) During the past 30 days, on how many days did you smoke cigarettes?

| 16. Cigarette use in the past 30 days | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 days | 1214 | 97.90 | 97.90 |
| 1 or 2 days | 8 | 0.65 | 98.55 |
| 3 to 5 days | 3 | 0.24 | 98.79 |
| 6 to 9 days | 3 | 0.24 | 99.03 |
| 10 to 19 days | 2 | 0.16 | 99.19 |
| 20 to 29 days | 1 | 0.08 | 99.27 |
| All 30 days | 9 | 0.73 | 100.00 |

17) During the past 30 days, how many days have you had at least one alcoholic drink? This includes drinking beer, wine, wine coolers, hard lemonade, hard cider, and liquor such as rum, gin, vodka, or whiskey. Drinking alcohol does not include drinking a few sips of wine for religious purposes.

| 17. Alcohol use in the past 30 days | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 days | 1124 | 91.01 | 91.01 |
| 1 or 2 days | 72 | 5.83 | 96.84 |
| 3 to 5 days | 13 | 1.05 | 97.89 |
| 6 to 9 days | 9 | 0.73 | 98.62 |
| 10 to 19 days | 2 | 0.16 | 98.79 |
| 20 to 29 days | 7 | 0.57 | 99.35 |
| All 30 days | 8 | 0.65 | 100.00 |

18) During the past 30 days, how many times did you use marijuana? Marijuana is also called dope, grass, hashish, herb, joint, pot, weed, reefer. It includes blunts and cigars filled with marijuana.

| 18. Marijuana use in the past 30 days | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 times | 1116 | 90.29 | 90.29 |
| 1 or 2 times | 58 | 4.69 | 94.98 |
| 3 to 9 times | 21 | 1.70 | 96.68 |
| 10 to 19 times | 10 | 0.81 | 97.49 |
| 20 to 39 times | 4 | 0.32 | 97.82 |
| 40 or more times | 27 | 2.18 | 100.00 |

The next questions ask about the food you ate or drank yesterday. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.
19) Yesterday, how many times did you eat vegetables? DEFINITION: Count all cooked and uncooked vegetables; salads; and boiled, baked and mashed potatoes. Do NOT count french fries, potato chips, or lettuce that is on a sandwich or sub.

| 19. Times participant ate vegetables yesterday | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| I did not eat vegetables yesterday | 533 | 43.02 | 43.02 |
| 1 time | 312 | 25.18 | 68.20 |
| 2 times | 219 | 17.68 | 85.88 |
| 3 or more times | 175 | 14.12 | 100.00 |

20) Yesterday, how many times did you eat fruit? (Do NOT count fruit juice).

| 20. Times participant ate fruit yesterday | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Idid not eat fruit yesterday | 401 | 32.39 | 32.39 |
| 1 time | 307 | 24.80 | 57.19 |
| 2 times | 262 | 21.16 | 78.35 |
| 3 or more times | 268 | 21.65 | 100.00 |

The next questions ask about how you feel and people in your life you can talk to about your feelings.
21) During the past 12 months, have you felt you needed to talk to an adult about how you were feeling, how things were going in your life, or problems you might have had?

| 21. Needed to talk to an adult | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 722 | 58.27 | 58.27 |
| Yes | 517 | 41.73 | 100.00 |

22) During the past 12 months, did you talk to any of the following people about things like that?
(Respondents are among those who answered "Yes to question 21.)

|  | Frequency | Percent of participants |
| :--- | ---: | ---: |
| Adult family member | 310 | 78.48 |
| School psychologist, counselor, nurse | 167 | 42.28 |
| Teacher or other adult at school | 129 | 32.66 |
| Psychologist, therapist, counselor | 140 | 35.44 |
| Other adult | 107 | 27.09 |

## $\mathrm{N}=395$

23) Over the last 2 weeks, how often have you been bothered by feeling nervous, anxious or on edge? Would you say this happens...

| 23. How often participant felt nervous, anxious, or on <br> edge in the last 2 weeks | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| never | 444 | 36.13 | 36.13 |
| for several days | 277 | 22.54 | 58.67 |
| for more than half the days | 107 | 8.71 | 67.37 |
| nearly every day | 174 | 14.16 | 81.53 |
| don't know/not sure | 227 | 18.47 | 100.00 |

24) During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

| 24. Felt sad or hopeless almost every day for two weeks or | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| more in a row in past |  |  |  |
| No | 797 | 64.85 | 64.85 |
| Yes | 432 | 35.15 | 100.00 |

25) During the past 12 months, did you ever seriously consider attempting suicide? Sometimes people feel so sad or hopeless about their life or their future that they may consider attempting suicide, that is, taking some action to end their own life.

| 25. Considered attempting suicide in the past 12 months | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 1027 | 84.74 | 84.74 |
| Yes | 185 | 15.26 | 100.00 |

26) During the past 30 days, how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

| 26. Number of days participant did not go to <br> school because they felt unsafe in school | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 days | 969 | 78.91 | 78.91 |
| 1 day | 103 | 8.39 | 87.30 |
| 2 or 3 days | 97 | 7.90 | 95.20 |
| 4 or 5 days | 26 | 2.12 | 97.31 |
| 6 or more days | 33 | 2.69 | 100.00 |

The next questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.
27) During the past 12 months, how many times have you been bullied at school or on your way to or from school?

| 27. Number of times bullied at school or on way to school | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 times | 896 | 73.50 | 73.50 |
| 1 time | 110 | 9.02 | 82.53 |
| 2 or 3 times | 84 | 6.89 | 89.42 |
| 4 or 5 times | 40 | 3.28 | 92.70 |
| 6 or 7 times | 26 | 2.13 | 94.83 |
| 8 or 9 times | 9 | 0.74 | 95.57 |
| 10 or 11 times | 3 | 0.25 | 95.82 |
| 12 or more times | 51 | 4.18 | 100.00 |

28) During the past 12 months, have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, Web sites, texting or online gaming.)

| 28. Electronically bullied in the past 12 | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| months |  |  |  |
| No | 1072 | 87.73 | 87.73 |
| Yes | 150 | 12.27 | 100.00 |

The next question is about sex. By sex we mean vaginal, oral or anal sex.

| 29) How old were you when you had sex for the first time? (If you have never had sex, select "I have |
| :--- |
| never had sex".) |
| 29. Age at first time having sex |
| 11 years old or younger |
| 12 years old |

The next questions are about gambling. People bet money on many different things such as card games, sports or video arcade games.

| Engaged in any gambling activity in the past 12 months? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Yes | 373 | 29.44 | 29.44 |
| No/Don't Know | 894 | 70.56 | 100.00 |

## 30) Frequency of gambling in the past 12 months:

| 30. Frequency of gambling-Lottery tickets | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Not at all | 1088 | 89.47 | 89.47 |
| Less than 10 times in total | 29 | 2.38 | 91.86 |
| Once a month | 14 | 1.15 | 93.01 |
| 2-3 times a month | 7 | 0.58 | 93.59 |
| Once a week | 6 | 0.49 | 94.08 |
| 2-3 times a week | 4 | 0.33 | 94.41 |
| 4 or more times a week | 6 | 0.49 | 94.90 |
| Refused/don't know | 62 | 5.10 | 100.00 |
|  |  |  |  |
| 30. Frequency of gambling-Betting on sports | Freq. | Percent | Cum. |
| Not at all | 1034 | 85.60 | 85.60 |
| Less than 10 times in total | 75 | 6.21 | 91.80 |
| Once a month | 27 | 2.24 | 94.04 |
| 2-3 times a month | 11 | 0.91 | 94.95 |
| Once a week | 11 | 0.91 | 95.86 |
| 2-3 times a week | 4 | 0.33 | 96.19 |
| 4 or more times a week | 11 | 0.91 | 97.10 |
| Refused/don't know | 35 | 2.90 | 100.00 |
|  |  |  |  |
| 30. Frequency of gambling-poker or other card | Freq. | Percent | Cum. |
| games |  |  |  |
| Not at all | 1099 | 90.98 | 90.98 |
| Less than 10 times in total | 38 | 3.15 | 94.12 |
| Once a month | 9 | 0.75 | 94.87 |
| 2-3 times a month | 12 | 0.99 | 9.86 |
| Once a week | 4 | 0.33 | 96.19 |
| 2-3 times a week | 8 | 0.66 | 96.85 |
| 4or more times a week | 10 | 0.83 | 97.68 |
| Refused/don't know | 28 | 2.32 | 100.00 |


| 30. Frequency of gambling-Betting money on games of skill | Freq. | Percent | Cum. |
| :---: | :---: | :---: | :---: |
| Not at all | 1023 | 84.69 | 84.69 |
| Less than 10 times in total | 83 | 6.87 | 91.56 |
| Once a month | 25 | 2.07 | 93.63 |
| 2-3 times a month | 17 | 1.41 | 95.03 |
| Once a week | 6 | 0.50 | 95.53 |
| 2-3 times a week | 6 | 0.50 | 96.03 |
| 4 or more times a week | 20 | 1.66 | 97.68 |
| Refused/don't know | 28 | 2.32 | 100.00 |
|  |  |  |  |
| 30. Frequency of gambling-online gambling without money | Freq. | Percent | Cum. |
| Not at all | 1025 | 84.99 | 84.99 |
| Less than 10 times in total | 64 | 5.31 | 90.30 |
| Once a month | 21 | 1.74 | 92.04 |
| 2-3 times a month | 10 | 0.83 | 92.87 |
| Once a week | 10 | 0.83 | 93.70 |
| 2-3 times a week | 12 | 1.00 | 94.69 |
| 4 or more times a week | 24 | 1.99 | 96.68 |
| Refused/don't know | 40 | 3.32 | 100.00 |
|  |  |  |  |
| 30. Frequency of gambling-online gambling with money | Freq. | Percent | Cum. |
| Not at all | 1139 | 94.37 | 94.37 |
| Less than 10 times in total | 16 | 1.33 | 95.69 |
| Once a month | 8 | 0.66 | 96.35 |
| 2-3 times a month | 2 | 0.17 | 96.52 |
| Once a week | 5 | 0.41 | 96.93 |
| 2-3 times a week | 5 | 0.41 | 97.35 |
| 4 or more times a week | 8 | 0.66 | 98.01 |
| Refused/don't know | 24 | 1.99 | 100.00 |
|  |  |  |  |
| 30. Frequency of gambling-Horse or dog racing | Freq. | Percent | Cum. |
| Not at all | 1165 | 96.92 | 96.92 |
| Less than 10 times in total | 3 | 0.25 | 97.17 |
| Once a month | 1 | 0.08 | 97.25 |
| 2-3 times a month | 2 | 0.17 | 97.42 |
| Once a week | 4 | 0.33 | 97.75 |
| 4 or more times a week | 4 | 0.33 | 98.09 |
| Refused/don't know | 23 | 1.91 | 100.00 |
|  |  |  |  |
| 30. Frequency of gambling-Playing Bingo for money | Freq. | Percent | Cum. |
| Not at all | 1060 | 87.68 | 87.68 |
| Less than 10 times in total | 67 | 5.54 | 93.22 |
| Once a month | 21 | 1.74 | 94.95 |
| 2-3 times a month | 10 | 0.83 | 95.78 |
| Once a week | 11 | 0.91 | 96.69 |
| 2-3 times a week | 1 | 0.08 | 96.77 |
| 4 or more times a week | 10 | 0.83 | 97.60 |
| Refused/don't know | 29 | 2.40 | 100.00 |


| 30. Frequency of gambling-Slot machines | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Not at all | 1148 | 95.19 | 95.19 |
| Less than 10 times in total | 10 | 0.83 | 96.02 |
| Once a month | 5 | 0.41 | 96.43 |
| 2-3 times a month | 4 | 0.33 | 96.77 |
| Once a week | 5 | 0.41 | 97.18 |
| 2-3 times a week | 2 | 0.17 | 97.35 |
| 4 or more times a week | 6 | 0.50 | 97.84 |
| Refused/don't know | 26 | 2.16 | 100.00 |
|  |  |  |  |
| 30. Frequency of gambling-Casino table games | Freq. | Percent | Cum. |
| Not at all | 1143 | 94.85 | 94.85 |
| Less than 10 times in total | 20 | 1.66 | 96.51 |
| Once a month | 5 | 0.41 | 96.93 |
| Once a week | 3 | 0.25 | 97.18 |
| 2-3 times a week | 4 | 0.33 | 97.51 |
| 4 or more times a week | 7 | 0.58 | 98.09 |
| Refused/don't know | 23 | 1.91 | 100.00 |
| 30. Frequency of gambling-Other type |  |  |  |
| Not at all | Freq. | Percent | Cum. |
| Less than 10 times in total | 118 | 92.86 | 92.86 |
| Once a month | 29 | 2.41 | 95.27 |
| 2-3 times a month | 11 | 0.91 | 96.18 |
| Once a week | 5 | 0.42 | 96.59 |
| 2-3 times a week | 3 | 0.25 | 96.84 |
| 4 or more times a week | 1 | 0.08 | 96.93 |
| Refused/don't know | 9 | 0.75 | 97.67 |

## 31) In the past 12 months, how often have you...

| 31. Frequency participant found themselves thinking about gambling/planning to gamble | Freq. | Percent | Cum. |
| :---: | :---: | :---: | :---: |
| Not at all | 1059 | 87.67 | 87.67 |
| Only sometimes | 95 | 7.86 | 95.53 |
| Quite a lot | 15 | 1.24 | 96.77 |
| Don't know | 39 | 3.23 | 100.00 |
| 31. Frequency participant tried to cut down gambling | Freq. | Percent | Cum. |
| Not at all | 1064 | 89.11 | 89.11 |
| Only sometimes | 14 | 1.17 | 90.28 |
| Quite a lot | 15 | 1.26 | 91.54 |
| Don't know | 101 | 8.46 | 100.00 |
| 31. Frequency participant lied to friends, family, others about how much they gamble | Freq. | Percent | Cum. |
| Not at all | 1133 | 95.13 | 95.13 |
| Only sometimes | 15 | 1.26 | 96.39 |
| Quite a lot | 10 | 0.84 | 97.23 |
| Don't know | 33 | 2.77 | 100.00 |

## Modules

## SAFETY MODULE

## QUESTIONS ABOUT HOW YOU FEEL

The next questions ask about hurting yourself on purpose and attempting suicide.
32) During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?

| 32. Number of times participant did something to <br> hurt themselves in past 12 months | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 times | 315 | 76.64 | 76.64 |
| 1 time | 34 | 8.27 | 84.91 |
| 2 or 3 times | 33 | 8.03 | 92.94 |
| 4 or 5 times | 13 | 3.16 | 96.11 |
| 6 or more times | 16 | 3.89 | 100.00 |

33) During the past 12 months, how many times did you actually attempt suicide?

| 33. Number of times participant <br> attempted suicide in past 12 months | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 times | 361 | 88.05 | 88.05 |
| 1 time | 26 | 6.34 | 94.39 |
| 2 or 3 times | 15 | 3.66 | 98.05 |
| 4 or 5 times | 4 | 0.98 | 99.02 |
| 6 or more times | 4 | 0.98 | 100.00 |

34) If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse? (Respondents are among those who selected " 1
time","2 or 3 times"," 4 or 5 times"," 6 or more times" for question 33)

| 34. Suicide attempt resulted in injury? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 42 | 87.50 | 87.50 |
| Yes | 6 | 12.50 | 100.00 |

## PERSONAL SAFETY

35) During the past 12 months, did you suffer a blow or jolt to your head while playing with a sports team (either during a game or during practice) which caused you to get "knocked out", have memory problems, double or blurry vision, headaches or "pressure" in the head, or nausea or vomiting?

| 35. Suffered a head injury while playing sports in the past 12 months | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Yes | 47 | 11.46 | 11.46 |
| No | 237 | 57.80 | 69.27 |
| I did not play on a sports team during the past 12 months | 126 | 30.73 | 100.00 |

36) If you suffered such a blow to your head during sports in the past 12 months, what happened?
(Respondents are among those who answered "Yes" to question 35)

| 36. What happened as a result of the head injury | Freq. | Percent | Cum. |
| :--- | :---: | :---: | :---: |
| I continued playing sports that day <br> I stopped playing sports that day, and also got <br> checked by a doctor, nurse or health care provider | 19 | 41.30 | 41.30 |
| I stopped playing sports that day, but did NOT get <br> checked by a doctor, nurse or health care provider | 20 | 43.48 | 84.78 |

37) How often to you wear a seatbelt when riding in a car driven by someone else?

| 37. Frequency of wearing a seatbelt | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Never | 28 | 6.83 | 6.83 |
| Rarely | 37 | 9.02 | 15.85 |
| Sometimes | 76 | 18.54 | 34.39 |
| Most of the time | 118 | 28.78 | 63.17 |
| Always | 151 | 36.83 | 100.00 |

These next two questions are about experiencing violence.
38) During the past 12 months, did a parent, adult caregiver, or other adult relative do any of the following to you?

| Physically harmed by adult caregiver? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 346 | 85.86 | 85.86 |
| Yes | 57 | 14.14 | 100.00 |
|  |  |  |  |
| Yelled at by adult caregiver? | Freq. | Percent | Cum. |
| No | 198 | 48.77 | 48.77 |
| Yes | 208 | 51.23 | 100.00 |
| Ridiculed by an adult caregiver? |  |  |  |
| No | Freq. | Percent | Cum. |
| Yes | 290 | 71.78 | 71.78 |

39) During the past 12 months has anyone ever:

| Tried to make you have sex or engage in other | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| sexual activity against your will? |  |  |  |
| Yes | 15 | 3.70 | 3.70 |
| No | 355 | 87.65 | 91.36 |
| Don't Know | 35 | 8.64 | 100.00 |
| Physically forced you to have sex or other sexual | Freq. | Percent | Cum. |
| activity and succeeded? |  |  |  |
| Yes | 8 | 1.98 | 1.98 |
| No | 378 | 93.33 | 95.31 |
| Don't Know | 19 | 4.69 | 100.00 |
| Pressured you to have sex or engage in other | Freq. | Percent | Cum. |
| sexual activity though harassment? |  |  |  |
| Yes | 10 | 2.46 | 2.46 |
| No | 383 | 94.33 | 96.80 |
| Don't Know | 13 | 3.20 | 100.00 |
|  |  |  |  |
| Had sex with you when you were too drunk to say no? | Freq. | Percent | Cum. |
| Yes | 4 | 0.99 | 0.99 |
| No | 391 | 96.54 | 97.53 |
| Don't Know | 10 | 2.47 | 100.00 |

This next question is about witnessing violence.
40) During the past 12 months, did you witness violence in your family?

| 40. Witnessed family violence in the past 12 months | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Yes | 61 | 15.06 | 15.06 |
| No | 320 | 79.01 | 94.07 |
| Don't know | 24 | 5.93 | 100.00 |

## NEIGHBORHOOD SAFETY

41) How safe from crime do you consider your neighborhood to be?

| 41. How safe from crime participant considers their neighborhood? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Extremely safe | 31 | 7.69 | 7.69 |
| Safe | 249 | 61.79 | 69.48 |
| Unsafe | 98 | 24.32 | 93.80 |
| Extremely unsafe | 25 | 6.20 | 100.00 |

42) Have you ever witnessed someone being physically harmed in your neighborhood (for example, with a gun, knife or other weapon, or in a physical fight)?
42: Have you ever witnessed someone Freq. Percent Cum. being physically harmed in your
neighborhood

| No | 278 | 68.98 | 68.98 |
| :--- | :--- | ---: | ---: |
| Yes | 125 | 31.02 | 100.00 |

## SEXUAL ACTIVITY

These next questions ask you about sex. By sex we mean vaginal, oral or anal sex.
43) During your life, with how many people have you had sex?

| 43. Number of sexual partners in participant's lifetime | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 1 person | 32 | 7.94 | 7.94 |
| 2 people | 8 | 1.99 | 9.93 |
| 3 people | 5 | 1.24 | 11.17 |
| people | 2 | 0.50 | 11.66 |
| 5 people | 1 | 0.25 | 11.91 |
| 6 or more people | 7 | 1.74 | 13.65 |
| I have never had sex | 348 | 86.35 | 100.00 |

44) How would you describe the first time you had sex? Would you say that you ...(Respondents are among those who selected one of the following answers for question 43: "1 person","2 people","3 people","4 people","5 people","6 or more people")

| 44. Description of the first time participant had sex | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Agree to have sex? | 43 | 78.18 | 78.18 |
| Did not want to have sex but it happened anyway? | 8 | 14.55 | 92.73 |
| Were forced to have sex? | 4 | 7.27 | 100.00 |

45) The first time you had sex, were you... (Respondents are among those who selected one of the following answers to question 44: "Did not want to have sex but it happened anyway?", "Were forced to have sex?")

| Verbally persuaded to have sex the first time? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 7 | 58.33 | 58.33 |
| Yes | 5 | 41.67 | 100.00 |
|  |  |  |  |
| Pressured through harassments/threats to have | Freq. | Percent | Cum. |
| sex the first time? |  |  |  |
| No | 8 | 66.67 | 66.67 |
| Yes | 4 | 33.33 | 100.00 |
|  |  |  |  |
| Too drunk to say no the first time they had sex? | Freq. | Percent | Cum. |
| No | 11 | 91.67 | 91.67 |
| Yes | 1 | 8.33 | 100.00 |
|  |  |  |  |
| Physically forced to have sex the first time? | Freq. | Percent | Cum. |
| No | 7 | 58.33 | 58.33 |
| Yes | 5 | 41.67 | 100.00 |

46) The last time you had sex, did you drink alcohol or use drugs beforehand? (Respondents are among those who selected one of the following answers for question 43: "1 person"," 2 people","3 people"," 4 people","5 people","6 or more people")

| 46. Drank alcohol or used drugs beforehand the last time they had sex | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 47 | 85.45 | 85.45 |
| Yes | 8 | 14.55 | 100.00 |

47) The last time you had vaginal and/or anal sex, did you or your partner use a condom? (Respondents are among those who selected one of the following answers for question 43: "1 person"," 2 people","3 people","4 people","5 people","6 or more people")

| 47. Partner used a condom the last time they had sex | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| I have never had vaginal or anal sex | 10 | 18.18 | 18.18 |
| Yes | 24 | 43.64 | 61.82 |
| No | 21 | 38.18 | 100.00 |

48) The last time you had vaginal sex, what method(s) did you or your partner use to prevent pregnancy? (Select all methods that you or your partner used.) (Respondents are among those who selected one of the following answers for question 43: "1 person"," 2 people","3 people","4 people","5 people","6 or more people")

| Type of birth control used the last time they had sex | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth | 1 | 1.85 | 1.85 |
| $\quad$ control ring (such as NuvaRing) |  |  |  |
| An IUD (such as Mirena or ParaGard) or implant (such as Implanon or | 1 | 1.85 | 3.70 |
| $\quad$ Nexplanon) |  |  |  |
| Birth control pills | 4 | 7.41 | 11.11 |
| Condoms | 21 | 38.89 | 50.00 |
| I have never had vaginal sex | 11 | 20.37 | 70.37 |
| No method was used to prevent pregnancy | 5 | 9.26 | 79.63 |
| Not sure | 6 | 11.11 | 90.74 |
| Withdrawal or some other method | 5 | 9.26 | 100.00 |

The next questions are about sexual education.
49) Have you ever been taught in school about how to use condoms?

| 49. Taught about how to use condoms in school? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Yes | 187 | 46.40 | 46.40 |
| No | 191 | 47.39 | 93.80 |
| Not sure | 25 | 6.20 | 100.00 |
|  |  |  |  |

50) Have you ever had sex education in school?

| 50. Had sex education in school | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Yes | 211 | 52.23 | 52.23 |
| No | 172 | 42.57 | 94.80 |
| Not sure | 21 | 5.20 | 100.00 |
|  |  |  |  |

51) Have your parents or other adults in your family ever talked to you about what they expect you to do or not to do when it comes to sex?

| 51. Talked about expectations regarding sex with parent of <br> other adult family member | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Yes | 191 | 47.63 | 47.63 |
| No | 171 | 42.64 | 90.27 |
| Not sure | 39 | 9.73 | 100.00 |

## SUBSTANCE USE MODULE

## QUESTIONS ABOUT ALCOHOL

The next questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, hard lemonade, hard cider, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes. One alcoholic drink would be one beer, cider, or wine cooler, one glass of wine, one shot of liquor, one cocktail.
52) How old were you when you had your first alcoholic drink other than a few sips?

| 52. Age of first alcoholic beverage | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| I have never had a drink of alcohol | 251 | 72.13 | 72.13 |
| 8 years old or younger | 23 | 6.61 | 78.74 |
| 9 or 10 years old | 13 | 3.74 | 82.47 |
| 11 or 12 years old | 21 | 6.03 | 88.51 |
| 13 or 14 years old | 34 | 9.77 | 98.28 |
| 15 or 16 years old | 4 | 1.15 | 99.43 |
| 17 years old or older | 2 | 0.57 | 100.00 |

53) During the past 30 days, have you had 4 or more alcoholic drinks in a row, that is, within a couple hours? (Respondents are among those who chose one of the following answers for question 52: "8 years old or younger"," 9 or 10 years old","11 or 12 years old","13 or 14 years old","15 or 16 years old","17 years old or older")

| 53. Binge drinking in the past 30 days | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 88 | 90.72 | 90.72 |
| Yes | 9 | 9.28 | 100.00 |

Out of total respondents to question 52:

| Number of days binge drinking in the past 30 days | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 339 | 97.41 | 97.41 |
| Yes | 9 | 2.59 | 100.00 |

54) There are many different ways to get beer, wine coolers, wine, or liquor. Which of the following are how you get alcohol?

| Methods of getting alcohol | Frequency | Percent of Participants |
| :--- | ---: | ---: |
| Bought at supermarket, convenience store, etc. | 12 | 22.64 |
| Bought it from a liquor store | 13 | 24.53 |
| Bought it from bars, clubs, restaurants | 6 | 11.32 |
| Someone else bought it | 20 | 37.74 |
| Friends | 17 | 32.08 |
| Home | 24 | 45.28 |
| Parties | 31 | 58.49 |

Total number of respondents: 53 (Respondents were able to choose more than one method)
55) During the past 30 days, did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

| 55. Rode in car with driver who had been drinking | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 309 | 89.57 | 89.57 |
| Yes | 36 | 10.43 | 100.00 |

## DRUG QUESTIONS

The next questions are about marijuana use. Marijuana is also called dope, grass, hashish, herb, joint, pot, weed or reefer. It includes blunts and cigars filled with marijuana.
56) How old were you when you tried marijuana for the first time?

| 56: How old were you when you tried marijuana for the first time? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| I have never tried marijuana | 291 | 84.10 | 84.10 |
| 8 years old or younger | 4 | 1.16 | 85.26 |
| 9 or 10 years old | 6 | 1.73 | 86.99 |
| 11 or 12 years old | 15 | 4.34 | 91.33 |
| 13 or 14 years old | 27 | 7.80 | 99.13 |
| 15 years old or older | 3 | 0.87 | 100.00 |

57) During the past 30 days, how did you usually get marijuana that you used? (Choose ONE. If you got it from more than one place, choose the one where you got it most often.) (Respondents are among those who chose one of the following answers for question 56: "8 years old or younger","9 or 10 years old","11 or 12 years old","13 or 14 years old"," 15 years old or older")

| 57. Method of getting marijuana in the past 30 days | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| I bought it from someone else | 9 | 16.67 | 16.67 |
| I did not use marijuana in the past 30 days | 26 | 48.15 | 64.81 |
| I got it at home with permission from a parent or family member over | 2 | 3.70 | 68.52 |
| the age of 21 |  |  |  |
| I got it from friends | 7 | 12.96 | 81.48 |
| I got it some other way | 6 | 11.11 | 92.59 |
| I took it at home without permission from a parent or family member | 3 | 5.56 | 98.15 |
| over the age of 21 <br> I took it at some other place without permission | 1 | 1.85 | 100.00 |

58) During the past $\mathbf{3 0}$ days, how did you usually use marijuana? (Choose ONE. If you used it more than one way, choose the way you used it most often.) (Respondents are among those who chose one of the following answers for question 56: "8 years old or younger","9 or 10 years old","11 or 12 years old","13 or 14 years old","15 years old or older")

| 58. Method of using marijuana in the past 30 days | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Idid not use marijuana in the past 30 days | 30 | 55.56 | 55.56 |
| Smoked it in a cigar or blunt wrap | 14 | 25.93 | 81.48 |
| Smoked it in a joint, pipe, bong, or dab | 4 | 7.41 | 88.89 |
| Used it some other way | 2 | 3.70 | 92.59 |
| Vaped it (in an e-cigarette, vape pen, vaporizer) | 4 | 7.41 | 100.00 |

59) During the past 30 days, did you ever ride in a car or other vehicle driven by someone who had been using marijuana?

| 59. Rode in car driven by someone using marijuana | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 278 | 81.05 | 81.05 |
| Yes | 65 | 18.95 | 100.00 |

60) During the past year, have your parent(s) or guardian(s) talked to you about the potential negative consequences of using marijuana?

| 60. Did parents talk about the negative consequences of marijuana | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Yes, a number of times | 124 | 36.36 | 36.36 |
| Yes, once | 56 | 16.42 | 52.79 |
| No | 114 | 33.43 | 86.22 |
| I don't remember | 47 | 13.78 | 100.00 |

61) Does anyone who lives with you now use marijuana?

| 61. Lives with someone who uses marijuana | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Yes | 82 | 24.05 | 24.05 |
| No | 214 | 62.76 | 86.80 |
| I don't know | 45 | 13.20 | 100.00 |

The next questions are about taking prescription drugs that were not prescribed to you.
62) During your lifetime, have you ever taken prescription drugs that weren't your own?

| 62. Ever taken prescription drugs | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| that weren't their own in lifetime |  |  |  |
| No | 312 | 90.96 | 90.96 |
| Yes | 31 | 9.04 | 100.00 |

63) During the lifetime, have you taken any of the following prescription drugs have you taken that weren't your own?(Respondents are among those who answered "Yes" to question 62.)

| 63. Lifetime narcotics use | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| YES | 7 | 23.33 | 23.33 |
| NO | 23 | 76.67 | 100.00 |

Out of total respondents to question 62:

| 63. Lifetime narcotics use | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| YES | 7 | 2.05 | 2.05 |
| NO | 335 | 97.95 | 100.00 |


| 63. Lifetime Ritalin use | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| YES | 7 | 23.33 | 23.33 |
| NO | 23 | 76.67 | 100.00 |

Out of total respondents to question 62:

| 63. Lifetime Ritalin use | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| YES | 7 | 2.05 | 2.05 |
| NO | 335 | 97.95 | 100.00 |


| 63. Lifetime steroids use | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| YES | 2 | 6.67 | 6.67 |
| NO | 28 | 93.33 | 100.00 |

Out of total respondents to question 62:

| 63. Lifetime steroids use | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| YES | 2 | 0.58 | 0.58 |
| NO | 340 | 99.42 | 100.00 |


| 63. Lifetime use of other prescription drugs | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| YES | 14 | 48.28 | 48.28 |
| NO | 15 | 51.72 | 100.00 |

Out of total respondents to question 62:

| 63. Lifetime use of other <br> prescription drugs | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| YES | 14 | 4.11 | 4.11 |
| NO | 327 | 95.89 | 100.00 |

64) During the past 30 days, have you taken prescription drugs that weren't your own?

| 64. Use of prescription drugs that weren't their own in past 30 days | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 17 | 56.67 | 56.67 |
| Yes | 13 | 43.33 | 100.00 |

Out of total respondents to question 62:

| 64. Use of prescription <br> drugs that weren't their <br> own in past 30 days | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 329 | 96.20 | 96.20 |
| Yes | 13 | 3.80 | 100.00 |

65) During the past 30 days, which of the following prescription drugs have you taken that weren't your own? (Respondents are among those who answered "Yes" to question 64.)


## QUESTIONS ABOUT TOBACCO

The next questions ask about tobacco use.
66) Have you ever tried cigarette smoking, even one or two puffs?

| 66. Ever tried smoking a cigarette | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 317 | 91.35 | 91.35 |
| Yes | 30 | 8.65 | 100.00 |

67) Does anyone who lives with you currently use tobacco (e.g. cigarettes, cigars, electronic vapor products, chew, dip, snus, pipe tobacco)?

| 67. Someone in the home uses tobacco | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Yes | 90 | 25.94 | 25.94 |
| No | 223 | 64.27 | 90.20 |
| I don't know | 34 | 9.80 | 100.00 |

68) Have you ever used chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs?

| 68. Ever used smokeless tobacco | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 340 | 98.27 | 98.27 |
| Yes | 6 | 1.73 | 100.00 |

69) Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs?

| 69. Ever smoked cigars | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 327 | 94.51 | 94.51 |
| Yes | 19 | 5.49 | 100.00 |

The next questions are about electronic vapor products. Electronic vapor products include JUUL, e-cigarettes, e-cigars, e-pipes, vapes pipes, vaping pens, e-hookahs, and hookah pens.
70) Have you ever tried an electronic vapor product, even on or two puffs?

| 70. Ever tried electronic vapor product | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 266 | 76.88 | 76.88 |
| Yes | 80 | 23.12 | 100.00 |

71) During the past 30 days, did the tobacco product(s) (including cigarettes, cigars, electronic vapor products, chew, dip, snus, pipe tobacco) you used contain a flavor such as cherry, vanilla, citrus, peach, piña colada, bubble gum, blue mist, fizzy pop, etc.? NOTE: Do NOT include regular tobacco or menthol, mint, or wintergreen.

| 71. Used tobacco products that contain a flavor in the past 30 days | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| I did not use any tobacco products during the past 30 days | 132 | 38.48 | 38.48 |
| Yes | 16 | 4.66 | 43.15 |
| No | 187 | 54.52 | 97.67 |
| I don't know | 8 | 2.33 | 100.00 |

72) During the past 30 days, how did you get your tobacco products (this includes cigarettes, cigars, smokeless, and electronic vapor products)? (CHOOSE ALL THAT APPLY)

| Where participants purchased tobacco | Frequency | Percent of participants |
| :--- | ---: | ---: |
| Did not use tobacco in past 30 days | 296 | 92.79 |
| Convenience store, supermarket | 3 | 0.94 |
| Vape shop or vape store | 4 | 1.25 |
| someone else bought it for me | 9 | 2.82 |
| A friend | 15 | 4.70 |
| A family friend | 11 | 3.45 |
| Online | 3 | 0.94 |
| Some other way | 9 | 2.82 |

Total number of respondents: $\mathbf{3 1 9}$ (Respondents were able to choose more than one method)
73) How easy or difficult would it be for you to get each of the following?

| 73. Ease of getting: Alcohol | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| VERY EASY | 29 | 8.95 | 8.95 |
| FAIRLY EASY | 30 | 9.26 | 18.21 |
| FAIRLY DIFFICULT | 21 | 6.48 | 24.69 |
| VERY DIFFICULT | 23 | 7.10 | 31.79 |
| IMPOSSIBLE | 103 | 31.79 | 63.58 |
| DON'T KNOW | 118 | 36.42 | 100.00 |
|  |  |  |  |
| 73. Ease of getting: Marijuana | Freq. | Percent | Cum. |
| VERY EASY | 26 | 8.00 | 8.00 |
| FAIRLY EASY | 23 | 7.08 | 15.08 |
| FAIRLY DIFFICULT | 15 | 4.62 | 19.69 |
| VERY DIFFICULT | 26 | 8.00 | 27.69 |
| IMPOSSIBLE | 126 | 38.77 | 66.46 |
| DON'T KNOW | 109 | 33.54 | 100.00 |
|  |  |  |  |
| 73. Ease of getting: Tobacco | Freq. | Percent | Cum. |
| VERY EASY | 19 | 5.85 | 5.85 |
| FAIRLY EASY | 23 | 7.08 | 12.92 |
| FAIRLY DIFFICULT | 13 | 4.00 | 16.92 |
| VERY DIFFICULT | 15 | 4.62 | 21.54 |
| IMPOSSIBLE | 141 | 43.38 | 64.92 |
| DON'T KNOW | 114 | 35.08 | 100.00 |

74) How much do you think people risk harming themselves if they occasionally use:

| 74. Risk of using: Tobacco | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| NO RISK | 40 | 12.46 | 12.46 |
| SLIGHT RISK | 38 | 11.84 | 24.30 |
| MODERATE RISK | 91 | 28.35 | 52.65 |
| GREAT RISK | 152 | 47.35 | 100.00 |
|  |  |  |  |
| 74. Risk of using: Vape | Freq. | Percent | Cum. |
| NO RISK | 62 | 19.14 | 19.14 |
| SLIGHT RISK | 68 | 20.99 | 40.12 |
| MODERATE RISK | 89 | 27.47 | 67.59 |
| GREAT RISK | 105 | 32.41 | 100.00 |


| 74. Risk of using: Marijuana | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| NO RISK | 69 | 21.56 | 21.56 |
| SLIGHT RISK | 66 | 20.63 | 42.19 |
| MODERATE RISK | 71 | 22.19 | 64.38 |
| GREAT RISK | 114 | 35.63 | 100.00 |
|  |  |  |  |
| 74. Risk of using: Narcotics | Freq. | Percent | Cum. |
| NO RISK | 46 | 14.47 | 14.47 |
| SLIGHT RISK | 29 | 9.12 | 23.58 |
| MODERATE RISK | 62 | 19.50 | 43.08 |
| GREAT RISK | 181 | 56.92 | 100.00 |
|  |  |  |  |
| 74. Risk of using: Ritalin | Freq. | Percent | Cum. |
| NO RISK | 57 | 18.21 | 18.21 |
| SLIGHT RISK | 42 | 13.42 | 31.63 |
| MODERATE RISK | 89 | 28.43 | 60.06 |
| GREAT RISK | 125 | 39.94 | 100.00 |

## LIFESTYLE MODULE

75) On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)

| 75. Number of hours playing video games/other electronics on an <br> average school day | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| I do not play video or computer game or use a computer for | 48 | 12.44 | 12.44 |
| something that is not schoolwork |  |  |  |
| Less than 1 hour per day | 59 | 15.28 | 27.72 |
| 1 hour per day | 19 | 4.92 | 32.64 |
| 2 hours per day | 49 | 12.69 | 45.34 |
| 3 hours per day | 47 | 12.18 | 57.51 |
| 4 hours per day | 40 | 10.36 | 67.88 |
| 5 or more hours per day | 124 | 32.12 | 100.00 |

76) Now think about the current school year. On average, how frequently did you walk or bike to get to and/or from home from school?

| 76. Frequency of walking or biking to school | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Not at all | 162 | 42.41 | 42.41 |
| Less than once a month | 30 | 7.85 | 50.26 |
| At least once a month | 17 | 4.45 | 54.71 |
| At least once a week | 35 | 9.16 | 63.87 |
| Most or all days | 138 | 36.13 | 100.00 |

77) How much do you agree or disagree with the following statement? "I can easily access opportunities to be physically active."

| 77. 'I can easily access opportunities for physical activity'? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Strongly disagree | 46 | 12.17 | 12.17 |
| Disagree | 30 | 7.94 | 20.11 |
| Neither agree nor disagree | 70 | 18.52 | 38.62 |
| Agree | 157 | 41.53 | 80.16 |
| Strongly agree | 75 | 19.84 | 100.00 |

78) Yesterday, how many times did you drink $\mathbf{1 0 0 \%}$ fruit juices such as orange juice, apple juice, or
grape juice? (Do NOT count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

| 78.Number of times participant drank fruit juice the day before | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 1 time | 98 | 25.45 | 25.45 |
| 2 times | 73 | 18.96 | 44.42 |
| 3 or more times | 61 | 15.84 | 60.26 |
| I did not drink 100\% fruit juice yesterday | 153 | 39.74 | 100.00 |

79) Yesterday, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite, or a sugar-sweetened beverage such as sports drinks (for example, Gatorade or PowerAde), energy drinks (for example, Red Bull or Jolt), lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight? (Do NOT count 100\% fruit juice or diet soda.)

| 79. Number of times drinking sugar sweetened beverage the day before | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| I did not drink soda or sugar-sweetened beverages yesterday | 118 | 31.22 | 31.22 |
| 1 time | 125 | 33.07 | 64.29 |
| 2 times | 79 | 20.90 | 85.19 |
| 3 or more times | 56 | 14.81 | 100.00 |

80) On an average school night, how many hours of sleep do you get?

| 80: On an average school night, how many hours of sleep do you get? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 4 or less hours | 40 | 10.47 | 10.47 |
| 5 hours | 49 | 12.83 | 23.30 |
| 6 hours | 57 | 14.92 | 38.22 |
| 7 hours | 79 | 20.68 | 58.90 |
| 8 hours | 94 | 24.61 | 83.51 |
| 9 hours | 42 | 10.99 | 94.50 |
| 10 or more hours | 21 | 5.50 | 100.00 |

81) During the past 12 months, where did you usually sleep at night? (Choose ONE. If more than one place, choose the one where you slept most often.)

| 81. Sleep location in the past 12 months | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| I did not have a usual place to sleep | 1 | 0.27 | 0.27 |
| In a foster home or residential placement | 9 | 2.42 | 2.69 |
| In a hotel/motel | 2 | 0.54 | 3.23 |
| In a shelter or emergency housing | 1 | 0.27 | 3.49 |
| In my parent's or guardian's home | 349 | 93.82 | 97.31 |
| Somewhere else | 6 | 1.61 | 98.92 |
| With friends, family, or other people because we lost | 4 | 1.08 | 100.00 |
| $\quad$ our home or cannot afford housing |  |  |  |

82) When was the last time you saw a doctor, nurse, or other health professional for an annual check-up, physical, or wellness visit?

| 82. Last time the participant had an annual check-up, <br> physical, or wellness visit | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| During the past 12 months | 269 | 70.98 | 70.98 |
| Between 12 and 24 months | 28 | 7.39 | 78.36 |
| More than 24 months ago | 6 | 1.58 | 79.95 |
| Never | 5 | 1.32 | 81.27 |
| Not sure | 71 | 18.73 | 100.00 |

## QUESTIONS ABOUT ORAL HEALTH

| 83) When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental |
| :--- |
| work? |
| 83. Last time participant saw a dentist for a check-up, cleaning, etc. |
| During the past 12 months |
| Between 12 and 24 months ago |
| More than 24 months ago |
| Never |

84) During the past 12 months, have you had a cavity in any tooth?

| 84. Had a cavity in the past 12 months | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: | ---: |
| Yes | 104 | 27.37 | 27.37 |
| No | 228 | 60.00 | 87.37 |
| Not sure | 48 | 12.63 | 100.00 |

## OTHER HEALTH-RELATED QUESTIONS

85) During the past 30 days, have you done any of the following things to lose weight: Increased you intake of fruits and vegetables, reduced the number of calories you eat, cut out between meal snacking, decreased your fat intake, or exercise?

| 85. Engaged in positive weight loss behaviors | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 160 | 42.55 | 42.55 |
| Yes | 216 | 57.45 | 100.00 |

86) During the past 30 days, have you done any of the following things at least once to lost weight: fast (that is going 24 hours or more without eating), vomit or throw up on purpose after eating, take diet pills without a doctor's permission, or take laxatives?

| 86. Engaged in negative weight loss behaviors | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| No | 314 | 84.18 | 84.18 |
| Yes | 59 | 15.82 | 100.00 |

87) During the past 7 days, how many days did you do volunteer work, community service, or help people outside of your home without getting paid?

| 87. Volunteered in the past 7 days | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 days | 269 | 71.73 | 71.73 |
| 1 or 2 days | 73 | 19.47 | 91.20 |
| 3 or 4 days | 16 | 4.27 | 95.47 |
| 5 or more days | 17 | 4.53 | 100.00 |

88) During the past 7 days, how many days did you take part in organized art activities or programs (such as painting, drawing, pottery, sculpture, photography, graphic design, theater, acting, dance or any other supervised art-related activities, classes, groups, or programs)?

| 88. Participated in arts programs | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: | ---: |
| 0 days | 229 | 61.23 | 61.23 |
| 1 or 2 days | 88 | 23.53 | 84.76 |
| 3 or 4 days | 24 | 6.42 | 91.18 |
| 5 or more days | 33 | 8.82 | 100.00 |

89) During the past 7 days, how many days did you take part in organized music activities or programs

| (such as choir, band, music lessons, or any other supervised music-related activities or programs)? |  |  |  |
| :--- | ---: | ---: | ---: |
| 89. Participated in music programs | Freq. | Percent | Cum. |
| 0 days | 282 | 75.20 | 75.20 |
| 1 or 2 days | 50 | 13.33 | 88.53 |
| 3 or 4 days | 10 | 2.67 | 91.20 |
| 5 or more days | 33 | 8.80 | 100.00 |

90) During the past 7 days, how many days did you sit down to dinner with your family?

| 90 . Frequency having family dinner in the past 7 days | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 days | 90 | 23.87 | 23.87 |
| 1 or 2 days | 96 | 25.46 | 49.34 |
| 3 or 4 days | 60 | 15.92 | 65.25 |
| 5 or more days | 131 | 34.75 | 100.00 |

91) During the past 30 days, how often did you go to bed hungry because there was not enough food in your home?

| 91. Frequency of going to bed hungry in the past 30 days | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Never | 255 | 67.46 | 67.46 |
| Rarely | 73 | 19.31 | 86.77 |
| Sometimes | 42 | 11.11 | 97.88 |
| Most of the time | 5 | 1.32 | 99.21 |

