## 2021 Springfield Youth Health Survey of $8^{\text {th }}$ Grade Students- Frequency Tables

## Number of participants: 848

Estimated participation rate: 50\%

## Background

The Springfield Youth Health Survey (YHS) was administered to students in the Springfield Public Schools as part of the Springfield Youth Health Survey Initiative. The survey was administered by the Public Health Institute of Western Massachusetts in collaboration with initiative partners, who are involved with planning and implementing the survey. These partners, referred to as the Planning Team, include representatives from:

- Gándara Center
- Martin Luther King Jr. Family Services
- Public Health Institute of Western MA
- Springfield Department of Health and Human Services
- Springfield Public Schools
- Mass Gaming Commission


## 2021 Funders included:

- Mass Gaming Commission
- Baystate Health


## Methods

## Survey Design and Administration

The survey is a modified version of the MDPH YHS, adapted by the Planning Team based on local needs and priorities. The survey consisted of a set of core questions and two modules. All students completed the core questions and were then randomized to one of the two modules. This table illustrates the number and percent of students assigned to each module.

| Module Assignment | Freq. | Percent |
| :--- | :---: | :---: |
| Module 1 | 414 | 48.82 |
| Module 2 | 434 | 51.18 |

The YHS was selected for use in Springfield because it is administered biannually by the Massachusetts Departments of Public Health (MDPH) and Elementary and Secondary Education (MDESE) to Massachusetts' public school students to develop MA-wide prevalence estimates. The MA YHS was developed by the Center for Survey Research of the University of Massachusetts-Boston (CSR) and MDPH and includes questions about general health, eating habits, mental health, physical safety, other health issues, as well as risk and protective factors.

The survey was administered in March (3/22/21-3/31/21) to 8th grade students enrolled in Springfield Public Schools. Students took the survey online during school hours using Alchemer (formerly known as Survey Gizmo). The schools had the discretion to determine when to administer the survey within a given time frame. Some schools chose to administer the survey on a single day and others chose to administer over multiple days. One school, Zanetti, elected to complete the survey during the week prior (3/15/21).

A total of 848 eighth grade students completed the survey. The participation rate was estimated to be $50 \%$ using school enrollment to estimate total potential number of students who could complete the survey. Guardians were able to opt out through a passive consent process. Students also had the ability to opt out of the survey on the day of administration. Some students were absent during the survey period which may bias the results if these students are significantly different from their peers.

## Data Cleaning

The following data cleaning procedures were implemented:

- Removed grades other than 8th grade( $\mathrm{n}=6$ ), with the exception of those with missing school grade data.
- Dropped surveys that were blank or less than $1 \%$ complete ( $n=7$ ).

The survey results presented in this document have not been evaluated for logical consistency. Logical consistency means that responses to related questions - such as drinking behaviors - match or make sense logically. For example, if a student reported never drinking in the last 30 days in the core module, they should have also reported that they did not engage in binge drinking in the last 30 days in the module. Results presented are based on how the students responded and may include inconsistent reporting.

## Notes on Interpreting the Data:

- Denominators for Questions with Skip Logic: Some questions used skip logic. This means that students were only asked some questions depending on how they responded to a previous question. If there was skip logic, the total number of respondents may be different because only some students got that question. Where applicable, the denominators are explicitly stated and should be interpreted accordingly.
- Missing Data: Not all students answered all questions so total number of respondents may vary for each question. In addition, some students were absent during the surveying period which may bias the results if these students are systematically different from their peers.
- Small Numbers: For some questions, there are few respondents for a given response category. Caution should be exercised when interpreting data based on small numbers.


## How to read these tables

The "Freq." column refers to the number of students who selected a given answer for the question indicated, while the "Percent" column displays that number as a percentage of all respondents. The column labeled "Cum." shows the cumulative percentage up until the current row-that is, it shows the sum of percentages for each row and the rows above it.

Visit our website for information on survey background, methodology, and more:
(https://www.publichealthwm.org/youth-health-survey-initiative).

## Results

Results ..... 4
Demographics ..... 5
Substance Use ..... 8
Nutrition ..... 10
Mental Health ..... 11
Sexual Activity ..... 13
Gambling ..... 14
Module 1 ..... 18
Self-Harm \& Suicide ..... 18
Experiencing Violence ..... 19
Sexual Activity ..... 20
Module 2 ..... 22
Experiencing \& Witnessing Violence. ..... 22
Screen Time ..... 23
Sleep ..... 23
Arts \& Music ..... 24
Food Insecurity ..... 24

Demographics

| 1: What grade are you in? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 8th grade | 845 | 100.00 | 100.00 |

Note: Respondents who identified as being from another grade were removed from the data set

| 2: How old are you? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 12 years old | 2 | 0.24 | 0.24 |
| 13 years old | 265 | 31.40 | 31.64 |
| 14 years old | 494 | 58.53 | 90.17 |
| 15 years old | 80 | 9.48 | 99.64 |
| 16 years old | 3 | 0.36 | 100.00 |


| 3. What is your race/ethnicity? (Mutually Exclusive <br> Categories) | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| American Indian or Alaska Native Non-Hispanic | 8 | 0.95 | 0.95 |
| Asian Non-Hispanic | 18 | 2.15 | 3.10 |
| Black Non-Hispanic | 158 | 18.85 | 21.96 |
| Hispanic/Latino | 599 | 71.48 | 93.44 |
| Native Hawaiian or other Pacific Islander | 2 | 0.24 | 93.68 |
| White Non-Hispanic | 53 | 6.32 | 100.00 |

Note: Respondents could select more than one response; however, the categories depicted here are mutually exclusive. For example, if student indicated Hispanic/Latino, whether alone or in combination with any race, the student was categorized as Hispanic/Latino. For the remaining race categories, participants were re-coded in the following order depending on their selections: Black/African American, Asian, American Indian/ Alaska Native, Native Hawaiian or other Pacific Islander, and White.

| 4: What is your sex? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Female | 442 | 52.56 | 52.56 |
| Male | 370 | 44.00 | 96.55 |
| I identify some other way | 29 | 3.45 | 100.00 |
|  |  |  |  |


| 5: Do you identify as transgender? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| I am not sure if I am transgender | 22 | 2.61 | 2.61 |
| I do not know what this question is asking | 12 | 1.43 | 4.04 |
| No | 788 | 93.59 | 97.62 |
| Yes | 20 | 2.38 | 100.00 |


|  |  |  |  |
| :---: | :---: | :---: | :---: |
| 6: Which of the following best describes you? | Freq. | Percent | Cum. |
| Bisexual | 115 | 13.77 | 13.77 |
| Gay or lesbian | 29 | 3.47 | 17.25 |
| Asexual | 8 | 0.96 | 18.20 |
| Pansexual | 30 | 3.59 | 21.80 |
| Heterosexual (straight) | 582 | 69.70 | 91.50 |
| I identify some other way- Write In | 3 | 0.36 | 91.86 |
| Not sure | 68 | 8.14 | 100.00 |


| 7: What is the highest level of education your | Freq. | Percent | Cum. |
| :--- | :---: | ---: | ---: |
| parents or guardians completed? | 129 | 15.49 | 15.49 |
| Did not finish high school | 190 | 22.81 | 38.30 |
| Graduated from high school | 109 | 13.09 | 51.38 |
| Attended college but did not complete four-year |  |  |  |
| degree | 196 | 23.53 | 74.91 |
| Graduated from college | 209 | 25.09 | 100.00 |
| Don't know |  |  |  |


| 8: What neighborhood do you live in? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Bay | 15 | 1.83 | 1.83 |
| Boston Road | 47 | 5.74 | 7.57 |
| Brightwood | 20 | 2.44 | 10.01 |
| East Forest Park | 44 | 5.37 | 15.38 |
| East Springfield | 64 | 7.81 | 23.20 |
| Forest Park | 130 | 15.87 | 39.07 |
| Indian Orchard | 53 | 6.47 | 45.54 |
| Liberty Heights | 45 | 5.49 | 51.04 |
| McKnight | 6 | 0.73 | 51.77 |
| Memorial Square | 1 | 0.12 | 51.89 |
| Metro Center | 4 | 0.49 | 52.38 |
| Old Hill | 6 | 0.73 | 53.11 |
| Pine Point | 15 | 1.83 | 54.95 |
| Six Corners (Maple High/Six Corners) | 14 | 1.71 | 56.65 |
| Sixteen Acres | 28 | 3.42 | 60.07 |
| South End | 44 | 5.37 | 65.45 |
| Upper Hill | 9 | 1.10 | 66.54 |
| Idon't know the name of my neighborhood | 146 | 17.83 | 84.37 |
| Idon't live in Springfield | 11 | 1.34 | 85.71 |
| Other (Please specify) | 117 | 14.29 | 100.00 |
|  |  |  |  |

[^0]|  |  |  |  |
| :---: | :---: | :---: | :---: |
| BMI categories a using CDC guidelines for children and teens-summarized | Freq. | Percent | Cum. |
| Underweight | 17 | 3.09 | 3.09 |
| Normal weight | 221 | 40.18 | 43.27 |
| Overweight | 158 | 28.73 | 72.00 |
| Obese | 154 | 28.00 | 100.00 |

Note: BMI calculated with height and weight variables provided by respondent.

| 11: During the past $\mathbf{7}$ days, on how many <br> days were you physically active for a total <br> of at least $\mathbf{6 0}$ minutes per day? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 days | 139 | 16.81 | 16.81 |
| 1 day | 113 | 13.66 | 30.47 |
| 2 days | 144 | 17.41 | 47.88 |
| 3 days | 144 | 17.41 | 65.30 |
| 4 days | 109 | 13.18 | 78.48 |
| 5 days | 63 | 7.62 | 86.09 |
| 6 days | 24 | 2.90 | 89.00 |
| 7 days | 91 | 11.00 | 100.00 |

12: Do you have any physical disability or Freq. Percent Cum. long-term health problems?

| Yes | 74 | 8.89 | 8.89 |
| :--- | ---: | ---: | ---: |
| No | 609 | 73.20 | 82.09 |
| Not sure | 149 | 17.91 | 100.00 |
|  |  |  |  |

13: How strongly do you agree or disagree with Freq.

Percent Cum. the following statements about this school? All students are treated the same, regardless of their race, ethnicity, or culture.

| Strongly Agree | 237 | 28.97 | 28.97 |
| :--- | ---: | ---: | ---: |
| Agree | 365 | 44.62 | 73.59 |
| Disagree | 167 | 20.42 | 94.01 |
| Strongly Disagree | 49 | 5.99 | 100.00 |

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| 13: How strongly do you agree or <br> disagree with the following statements <br> about this school? Boys and girls are <br> treated equally well. | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Strongly Agree |  |  |  |
| Agree | 198 | 23.88 | 23.88 |
| Disagree | 371 | 44.75 | 68.64 |
| Strongly Disagree | 190 | 22.92 | 91.56 |
|  | 70 | 8.44 | 100.00 |


| 13. How strongly do you agree or <br> disagree with the following statements <br> about this school? All students are treated | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| the same regardless of their gender |  |  |  |
| identity, gender expression, or perceived |  |  |  |
| sexual orientation. |  |  |  |
| Strongly Agree | 214 | 25.88 | 25.88 |
| Agree | 386 | 46.67 | 72.55 |
| Disagree | 165 | 19.95 | 92.50 |
| Strongly Disagree | 62 | 7.50 | 100.00 |


| 14. During the past 30 days, where did you usually <br> sleep at night? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| In a foster home or residential placement | 9 | 1.08 | 1.08 |
| In a shelter or emergency housing | 1 | 0.12 | 1.20 |
| In my parent's or guardian's home | 810 | 97.47 | 98.68 |
| Somewhere else | 7 | 0.84 | 99.52 |
| With friends, family, or other people because we | 4 | 0.48 | 100.00 |
| lost our home or cannot afford housing |  |  |  |

## Substance Use

| 15: During the past 30 days, on how <br> many days did you smoke cigarettes? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 days | 828 | 99.28 | 99.28 |
| 1 or 2 days | 3 | 0.36 | 99.64 |
| 3 to 5 days | 1 | 0.12 | 99.76 |
| 10 to 19 days | 1 | 0.12 | 99.88 |
| All 30 days | 1 | 0.12 | 100.00 |


| 16: During the past 30 days, on how many <br> days did you use an electronic vapor <br> product? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 days | 804 | 96.52 | 96.52 |
| 1 or 2 days | 17 | 2.04 | 98.56 |
| 3 to 5 days | 4 | 0.48 | 99.04 |
| 10 to 19 days | 2 | 0.24 | 99.28 |
| 20 to 29 days | 1 | 0.12 | 99.40 |
| All 30 days | 5 | 0.60 | 100.00 |

17: During the past $\mathbf{3 0}$ days, on how many Freq. $\quad$ Percent
days did you have at least one alcoholic drink?

| 0 days | 797 | 95.91 | 95.91 |
| :--- | ---: | ---: | ---: |
| 1 or 2 days | 25 | 3.01 | 98.92 |
| 3 to 5 days | 8 | 0.96 | 99.88 |
| 6 to 9 days | 1 | 0.12 | 100.00 |


| 18: During the past 30 days, how many <br> times did you use marijuana? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 times | 794 | 95.43 | 95.43 |
| 1 or 2 times | 21 | 2.52 | 97.96 |
| 3 to 9 times | 10 | 1.20 | 99.16 |
| 10 to 19 times | 1 | 0.12 | 99.28 |
| 20 to 39 times | 2 | 0.24 | 99.52 |
| 40 or more times | 4 | 0.48 | 100.00 |


| 19: In past 30 days, have you taken | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| narcotics (such as Methadone, Opium, |  |  |  |
| Morphine, Codeine, OxyContin, |  |  |  |
| Percodan, Demerol, Percocet, Ultram, |  |  |  |
| and Vicodin) that were not your own? | 6 | 0.72 | 0.72 |
| YES | 824 | 99.28 | 100.00 |
| NO |  |  |  |



19: In past 30 days, have you taken
Freq.
Percent
Cum. Ritalin (also called vitamin R, R-ball, diet coke, skittles) or Adderall (also called addys, uppers, beans) that was not your own?

| YES | 35 | 4.22 | 4.22 |
| :--- | ---: | ---: | ---: |
| NO | 795 | 95.78 | 100.00 |

19: In past 30 days, have you taken Freq. Percent Cum. steroids (body building hormones in form of pills or shots) that were not your own?

| YES | 3 | 0.36 | 0.36 |
| :--- | ---: | ---: | ---: |
| NO | 829 | 99.64 | 100.00 |
|  |  |  |  |


| 19: In past 30 days, have you taken other <br> prescription drugs that were not your own? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| YES | 34 | 4.09 | 4.09 |
| NO | 797 | 95.91 | 100.00 |
| Any RX drug use in the past 30 days that | Freq. | Percent | Cum. |
| were not respondent's own. |  |  |  |
| No | 68 | 92.69 | 92.69 |
| Yes |  | 7.31 | 100.00 |

Note: 'Yes' includes anyone who selected "Yes" to narcotics, Ritalin/Adderall, steroids, and/or any other prescription that was not their own.

| Nutrition |  |  |  |
| :--- | ---: | ---: | ---: |
| 20: Yesterday, how many times did you eat <br> vegetables? | Freq. | Percent | Cum. |
| I did not eat vegetables yesterday | 394 | 47.58 | 47.58 |
| 1 time | 199 | 24.03 | 71.62 |
| 2 times | 157 | 18.96 | 90.58 |
| O or more times | 78 | 9.42 | 100.00 |



## Mental Health

22: During the past 12 months, have you felt Freq. Percent Cum. you needed to talk to an adult about how you were feeling, how things were going in your life, or problems you might have had?

| No | 483 | 58.55 | 58.55 |
| :--- | :--- | ---: | ---: |
| Yes | 342 | 41.45 | 100.00 |
|  |  |  |  |
|  |  |  |  |
| 23: a. During the past 12 months, did you | Freq. | Percent | Cum. |
| talk to any of the following people about |  |  |  |
| things like that? An adult family member |  | 63.49 | 63.49 |
| No | 520 | 36.51 | 100.00 |
| Yes | 299 |  |  |


| 23: $b$. During the past 12 months, did you | Freq. | Percent | Cum. |
| :--- | :--- | :--- | :--- |
| talk to any of the following people about |  |  |  |
| things like that? A school psychologist, |  |  |  |
| school counselor, or school nurse |  |  |  |


| No | 754 | 91.39 | 91.39 |
| :--- | ---: | ---: | ---: |
| Yes | 71 | 8.61 | 100.00 |

23: c. During the past 12 Freq. Percent Cum.
months, did you talk to any of the following people about things like that? Teacher or some other adult at school not mentioned in part b

| No | 763 | 92.37 | 92.37 |
| :--- | ---: | ---: | ---: |
| Yes | 63 | 7.63 | 100.00 |


| 23: d. During the past 12 <br> months, did you talk to any of <br> the following people about | Freq. | Percent | Cum. |
| :--- | :--- | ---: | ---: |
| things like that? A psychologist, |  |  |  |
| therapist, counselor, doctor, or |  |  |  |
| nurse (not in school) | 670 | 81.41 | 81.41 |
| No | 153 | 18.59 | 100.00 |
| Yes |  |  |  |


| 23: e. During the past 12 <br> months, did you talk to any of <br> the following people about | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| things like that? Some other |  |  |  |
| adult in the community (not in |  |  |  |
| school) | 732 | 89.38 |  |
| No | 87 | 10.62 | 89.38 |
| Yes |  |  | 100.00 |


| 24: How often over last 2 weeks were you bothered <br> by: Feeling nervous, anxious or on edge? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Never | 260 | 31.55 | 31.55 |
| For several days | 183 | 22.21 | 53.76 |
| For more than half the days | 82 | 9.95 | 63.71 |
| Nearly every day | 138 | 16.75 | 80.46 |
| Don't Know/Not Sure | 161 | 19.54 | 100.00 |
|  |  |  |  |


| 25: How often over last 2 weeks were you | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| bothered by: Not being able to stop or control |  |  |  |
| worrying? |  |  |  |
| Never | 389 | 47.44 | 47.44 |
| For several days | 158 | 19.27 | 66.71 |
| For more than half the days | 81 | 9.88 | 76.59 |
| Nearly every day | 82 | 10.00 | 86.59 |
| Don't Know/Not Sure | 110 | 13.41 | 100.00 |
|  |  |  |  |


| 26: During the past 12 months, did you ever <br> feel so sad or hopeless almost every day for | Freq. | Percent | Cum. |
| :--- | :--- | ---: | ---: |
| two weeks or more in a row that you stopped |  |  |  |
| doing some usual activities? |  |  |  |
| No | 487 | 59.46 | 59.46 |
| Yes | 332 | 40.54 | 100.00 |


| 27: During the past 12 months, did you <br> ever seriously consider attempting <br> suicide? | Freq. | Percent | Cum. |
| :--- | :--- | ---: | ---: |
| No | 699 | 85.66 | 85.66 |
| Yes | 117 | 14.34 | 100.00 |


| 28: During the past $\mathbf{1 2}$ months, have you ever <br> been electronically bullied during school <br> hours? | Freq. | Percent | Cum. |
| :--- | :--- | ---: | ---: |
| No |  |  |  |
| Yes | 59 | 92.87 | 92.87 |
|  |  | 7.13 | 100.00 |
| 28: During the past 12 | Freq. | Percent | Cum. |
| months, have you ever been <br> electronically bullied outside <br> of school hours? | 723 | 87.32 |  |
| No | 105 | 12.68 | 87.32 |
| Yes |  |  | 100.00 |

Sexual Activity

| 29: [Among all Students] How old were you | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| when you had sex for the first time? |  |  | 1.58 |
| 11 years old or younger | 6 | 0.73 | 1.58 |
| 12 years old | 11 | 1.33 | 2.30 |
| 13 years old | 15 | 1.82 | 5.64 |
| 14 years old or older | 780 | 94.55 | 100.00 |

[^1]|  |  |  |  |
| :---: | :---: | :---: | :---: |
| 29. [Among students who have had sex] Age at first time having sex | Freq. | Percent | Cum. |
| 11 years old or younger | 13 | 28.89 | 28.89 |
| 12 years old | 6 | 13.33 | 42.22 |
| 13 years old | 11 | 24.44 | 66.67 |
| 14 years old or older | 15 | 33.33 | 100.00 |

Note: Sex includes vaginal, oral, or anal sex.

Gambling

| 30: In the past $\mathbf{1 2}$ months, how often have you <br> purchased lottery tickets, including scratch tickets, <br> powerball, or keno? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Not at all |  |  |  |
| Less than 10 times in total | 755 | 91.96 | 91.96 |
| $1-3$ times a month | 22 | 2.68 | 94.64 |
| $1-3$ times a week | 11 | 1.34 | 95.98 |
| 4 or more times a week | 2 | 0.24 | 96.22 |
| Refused/don't know | 2 | 0.24 | 96.47 |
|  | 29 | 3.53 | 100.00 |


| 30: In the past $\mathbf{1 2}$ months, how often have you <br> bet money on sports, including fantasy sports? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Not at all | 760 | 92.12 | 92.12 |
| Less than 10 times in total | 29 | 3.52 | 95.64 |
| 1-3 times a month | 11 | 1.33 | 96.97 |
| 1-3 times a week | 4 | 0.48 | 97.45 |
| 4 or more times a week | 4 | 0.48 | 97.94 |
| Refused/don't know | 17 | 2.06 | 100.00 |

30: In the past 12 months, how often have you
Freq. Percent
Cum.
played card games for money with friends or
family?

| Not at all | 673 | 81.58 | 81.58 |
| :--- | ---: | ---: | ---: |
| Less than 10 times in total | 86 | 10.42 | 92.00 |
| $1-3$ times a month | 25 | 3.03 | 95.03 |
| $1-3$ times a week | 10 | 1.21 | 96.24 |
| 4 or more times a week | 8 | 0.97 | 97.21 |
| Refused/don't know | 23 | 2.79 | 100.00 |
|  |  |  |  |


|  |  |  |  |
| :---: | :---: | :---: | :---: |
| 30: In the past 12 months, how often have you bet money on games of skill, such as pool or video games? | Freq. | Percent | Cum. |
| Not at all | 685 | 83.03 | 83.03 |
| Less than 10 times in total | 74 | 8.97 | 92.00 |
| 1-3 times a month | 27 | 3.27 | 95.27 |
| 1-3 times a week | 10 | 1.21 | 96.48 |
| 4 or more times a week | 11 | 1.33 | 97.82 |
| Refused/don't know | 18 | 2.18 | 100.00 |
| 30: In the past 12 months, how often have you played a gambling-type game online without using money? | Freq. | Percent | Cum. |
| Not at all | 684 | 83.11 | 83.11 |
| Less than 10 times in total | 56 | 6.80 | 89.91 |
| 1-3 times a month | 26 | 3.16 | 93.07 |
| 1-3 times a week | 15 | 1.82 | 94.90 |
| 4 or more times a week | 18 | 2.19 | 97.08 |
| Refused/don't know | 24 | 2.92 | 100.00 |
| 30: In the past 12 months, how often have you gambled with money online? | Freq. | Percent | Cum. |
| Not at all | 775 | 94.63 | 94.63 |
| Less than 10 times in total | 18 | 2.20 | 96.83 |
| 1-3 times a month | 4 | 0.49 | 97.31 |
| 1-3 times a week | 3 | 0.37 | 97.68 |
| 4 or more times a week | 3 | 0.37 | 98.05 |
| Refused/don't know | 16 | 1.95 | 100.00 |


| 30: In the past 12 months, how often have you bet <br> money on horse races? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Not at all | 798 | 96.96 | 96.96 |
| Less than 10 times in total | 9 | 1.09 | 98.06 |
| $1-3$ times a month | 2 | 0.24 | 98.30 |
| Refused/don't know | 14 | 1.70 | 100.00 |


|  |  |  |  |
| :---: | :---: | :---: | :---: |
| 30: In the past 12 months, how often have you played bingo for money? | Freq. | Percent | Cum. |
| Not at all | 726 | 88.32 | 88.32 |
| Less than 10 times in total | 57 | 6.93 | 95.26 |
| 1-3 times a month | 15 | 1.82 | 97.08 |
| 1-3 times a week | 5 | 0.61 | 97.69 |
| 4 or more times a week | 2 | 0.24 | 97.93 |
| Refused/don't know | 17 | 2.07 | 100.00 |
| 30: In the past 12 months, how often have you played slot machines at casino or bar? | Freq. | Percent | Cum. |
| Not at all | 803 | 97.57 | 97.57 |
| Less than 10 times in total | 6 | 0.73 | 98.30 |
| 1-3 times a month | 1 | 0.12 | 98.42 |
| 1-3 times a week | 1 | 0.12 | 98.54 |
| Refused/don't know | 12 | 1.46 | 100.00 |
| 30: In the past 12 months, how often have you played table games at a casino (such as blackjack, roulette, craps, or baccarat)? | Freq. | Percent | Cum. |
| Not at all | 799 | 97.08 | 97.08 |
| Less than 10 times in total | 4 | 0.49 | 97.57 |
| 1-3 times a month | 1 | 0.12 | 97.69 |
| 1-3 times a week | 1 | 0.12 | 97.81 |
| 4 or more times a week | 3 | 0.36 | 98.18 |
| Refused/don't know | 15 | 1.82 | 100.00 |
| 30: In the past 12 months, how often have you done any other type of gambling? | Freq. | Percent | Cum. |
| Not at all | 777 | 94.53 | 94.53 |
| Less than 10 times in total | 18 | 2.19 | 96.72 |
| 1-3 times a month | 3 | 0.36 | 97.08 |
| 1-3 times a week | 3 | 0.36 | 97.45 |
| 4 or more times a week | 1 | 0.12 | 97.57 |
| Refused/don't know | 20 | 2.43 | 100.00 |


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| :---: | :---: | :---: | :---: |
| Ever gambled? | Freq. | Percent | Cum. |
| No | 542 | 63.92 | 63.92 |
| Yes | 306 | 36.08 | 100.00 |

Note: This table was created by combining responses to all question 30 sub-questions about gambling frequency.

| 31: In the past $\mathbf{1 2}$ months how often <br> have you found yourself thinking <br> about gambling or planning to | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| gamble? |  |  |  |
| Not at all | 736 | 89.32 | 89.32 |
| Only sometimes | 65 | 7.89 | 97.21 |
| Quite a lot | 3 | 0.36 | 97.57 |
| Don't know | 20 | 2.43 | 100.00 |
|  |  |  |  |


| 31: In the past $\mathbf{1 2}$ months how often <br> have you tried to cut down how <br> much you gamble? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Not at all | 748 | 92.46 | 92.46 |
| Only sometimes | 7 | 0.87 | 93.33 |
| Quite a lot | 6 | 0.74 | 94.07 |
| Don't know | 48 | 5.93 | 100.00 |


| 31: In the past $\mathbf{1 2}$ months how often <br> have you lied to your family, friends, <br> or anyone else about how much you <br> gamble? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Not at all | 798 | 97.56 | 97.56 |
| Only sometimes | 5 | 0.61 | 98.17 |
| Quite a lot | 2 | 0.24 | 98.41 |
| Don't know | 13 | 1.59 | 100.00 |

## Module 1

## Self-Harm \& Suicide

| 32: During the past 12 months, how <br> many times did you do something to <br> purposely hurt yourself without <br> wanting to die, such as cutting, | Freq. | Percent | Cum. |
| :--- | :--- | :--- | :--- |
| burning, or bruising yourself on |  |  |  |
| purpose? | 310 | 77.50 |  |
| 0 times | 28 | 7.00 | 77.50 |
| 1 time | 34 | 8.50 | 84.50 |
| 2 or 3 times | 10 | 2.50 | 93.00 |
| 4 or 5 times | 18 | 4.50 | 95.50 |
| 6 or more times |  |  | 100.00 |


| 33: During the past 12 months, how many <br> times did you actually attempt suicide? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 0 times | 371 | 92.29 | 92.29 |
| 1 time | 19 | 4.73 | 97.01 |
| 2 or 3 times | 9 | 2.24 | 99.25 |
| 4 or 5 times | 2 | 0.50 | 99.75 |
| 6 or more times | 1 | 0.25 | 100.00 |
|  |  |  |  |

34: If you attempted suicide during the $\quad$ Freq. $\quad$ Percent $\quad$ Cum. past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

| No | 26 | 83.87 | 83.87 |
| :--- | ---: | ---: | ---: |
| Yes | 5 | 16.13 | 100.00 |

Note: This question was hidden unless the respondent selected one of the following answers for question 33 ("1 time", " 2 or 3 times", " 4 or 5 times", " 6 or more times")

## Experiencing Violence



| 35: During the past 12 months, has <br> anyone ever pressured you to have sex or <br> other sexual activity, through harassment <br> or threats and did succeed? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Yes | 7 | 1.72 |  |
| No | 393 | 96.80 | 1.72 |
| Don't Know | 6 | 1.48 | 98.52 |
|  |  |  | 100.00 |


| 35: During the past 12 months, has <br> anyone ever had sex or engaged in other <br> sexual activity with you when you were | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| too drunk to say no? |  |  |  |
| Yes | 3 | 0.74 | 0.74 |
| No | 395 | 97.29 | 98.03 |
| Don't Know | 8 | 1.97 | 100.00 |

## Sexual Activity

Note: Sex includes vaginal, oral, or anal sex.

| 36: During your life, with how many people <br> have you had sex? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| 1 person | 14 | 3.46 | 3.46 |
| 2 people | 3 | 0.74 | 4.20 |
| 3 people | 4 | 0.99 | 5.19 |
| 4 people | 2 | 0.49 | 5.68 |
| 5 people | 1 | 0.25 | 5.93 |
| 6 or more people | 1 | 0.25 | 6.17 |
| I have never had sex | 380 | 93.83 | 100.00 |


| 37: How would you describe the first time you had | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| sex? Would you say that you... |  |  |  |
| Agreed to have sex? | 19 | 76.00 | 76.00 |
| Did not want to have sex, but it happened anyway? | 1 | 20.00 | 96.00 |
| Were forced to have sex? |  | 4.00 | 100.00 |

Note: This question was hidden unless the respondent selected one of the following answers for question 36 ("1 person", "2 people", "3 people", "4 people", "5 people", "6 or more people").

| 38: The first time you had sex, <br> were you verbally persuaded? | Freq. | Percent | Cum. |
| :--- | :---: | ---: | ---: |
| No | 1 | 16.67 | 16.67 |
| Yes | 5 | 83.33 | 100.00 |

Note: This question was hidden unless the respondent selected one of the following answers for question 37 ("Did not want to have sed, but it happened anyway", "were forced to have sex").

| 38: The first time you had <br> sex, pressured through <br> harassment or threats? | Freq. | Percent | Cum. |
| :--- | :--- | :--- | ---: |
| No | 5 | 83.33 | 83.33 |
| Yes | 1 | 16.67 | 100.00 |

Note: This question was hidden unless the respondent selected one of the following answers for question 37 ("Did not want to have sed, but it happened anyway", "were forced to have sex").

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| :---: | :---: | :---: | :---: |
| 38: The first time you had sex, were you too drunk to say no? | Freq. | Percent | Cum. |
| No | 6 | 100.00 | 100.00 |
| Yes | 0 | 0.00 | 100.00 |

Note: This question was hidden unless the respondent selected one of the following answers for question 37 ("Did not want to have sed, but it happened anyway", "were forced to have sex").

| 38: The first time you had <br> sex, physically forced? | Freq. | Percent | Cum. |
| :--- | :---: | ---: | ---: |
| No | 3 | 50.00 | 50.00 |
| Yes | 3 | 50.00 | 100.00 |

Note: This question was hidden unless the respondent selected one of the following answers for question 37 ("Did not want to have sed, but it happened anyway", "were forced to have sex").

| 39: The last time you had sex, <br> drank alcohol or use drugs <br> beforehand? | Freq. | Percent | Cum. |
| :--- | :---: | :---: | :---: |
| No | 25 | 100.00 | 100.00 |
| Yes | 0 | 0.00 | 100.00 |

Note: This question was hidden unless the respondent selected one of the following answers for question 36 ("1 person", " 2 people", "3 people", " 4 people", " 5 people", " 6 or more people").

| 40: The last time you had vaginal and/or anal sex, <br> did you or your partner use a condom? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| I have never had vaginal or anal sex | 7 | 28.00 | 28.00 |
| Yes | 9 | 36.00 | 64.00 |
| No | 9 | 36.00 | 100.00 |

Note: This question was hidden unless the respondent selected one of the following answers for question 36 ("1 person", "2 people", "3 people", "4 people", "5 people", "6 or more people").

| 42: Have your parents or others adults ever <br> talked to you about what they expect you to <br> do when it comes to sex? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Yes | 158 | 39.21 | 39.21 |
| No | 184 | 45.66 | 84.86 |
| Not sure | 61 | 15.14 | 100.00 |

## Module 2

Experiencing \& Witnessing Violence

43: During the past 12 months, did a parent, adult caregiver, or
Freq. Percent Cum. other adult relative slap, push, shake, punch, kick, beat you with an object, choke, burn you intentionally, throw something at you to hurt you, or use or threaten you with any sharp object or weapon?

| No | 388 | 92.16 | 92.16 |
| :--- | ---: | ---: | ---: |
| Yes | 33 | 7.84 | 100.00 |
|  |  |  |  |

43: During the past 12 months, did a

## Freq.

Percent
Cum. parent, adult caregiver, or other adult relative shout, yell, scream, swear, or curse at you?

| No | 282 | 67.30 | 67.30 |
| :--- | :--- | ---: | ---: |
| Yes | 137 | 32.70 | 100.00 |
|  |  |  |  |


| 43: During the past 12 months, did a <br> parent, adult caregiver, or other adult <br> relative ridicule, humiliate, or put you <br> down, for example, say that you are <br> stupid, lazy, or useless? | Freq. | Percent | Cum. |
| :--- | :--- | ---: | ---: |
| No | 313 | 74.70 |  |
| Yes | 106 | 25.30 | 100.00 |
|  |  |  | Creq. |
| 44: During the past 12 months, did |  | Percent |  |
| you witness violence in your family? | 30 | 7.09 | 7.09 |
| Yes | 352 | 83.22 | 9.69 |
| No | 41 |  | 100.00 |
| Don't Know |  |  |  |



## Screen Time

| 47: On an average school day, how many hours do <br> you spend in front of a TV, computer, smart phone, <br> or other electronic device watching shows or videos, <br> playing games, accessing the Internet, or using social <br> media? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Less than 1 hour per day | 17 | 4.07 | 4.07 |
| 1 hour per day | 7 | 1.67 | 5.74 |
| 2 hours per day | 43 | 10.29 | 16.03 |
| 3 hours per day | 65 | 15.55 | 31.58 |
| 4 hours per day | 52 | 12.44 | 44.02 |
| I do not play video or computer game or use a <br> computer for something that is not schoolwork <br> 5 or more hours per day | 16 | 3.83 | 47.85 |

Sleep

| 48: On an average school night, how <br> many hours of sleep do you get? | Freq. | Percent | Cum. |
| :--- | :---: | ---: | ---: |
| 4 or less hours | 44 | 10.48 | 10.48 |
| 5 hours | 48 | 11.43 | 21.90 |
| 6 hours | 70 | 16.67 | 38.57 |
| 7 hours | 96 | 22.86 | 61.43 |
| 8 hours | 95 | 22.62 | 84.05 |
| 9 hours | 49 | 11.67 | 95.71 |
| 10 or more hours | 18 | 4.29 | 100.00 |

Arts \& Music

| 49: Over the past year, how frequently did you take part in <br> an art of music program, class, or club in school or after <br> school? | Freq. | Percent | Cum. |
| :--- | ---: | ---: | ---: |
| Not at all | 277 | 66.91 | 66.91 |
| Less than 10 times in total | 44 | 10.63 | 77.54 |
| 1-3 times a month | 19 | 4.59 | 82.13 |
| 1-3 times a week | 33 | 7.97 | 90.10 |
| 4 or more times a week | 26 | 6.28 | 96.38 |
| refused/don't know | 15 | 3.62 | 100.00 |

## Food Insecurity

50: During the past $\mathbf{3 0}$ days, how often did you go to
bed hungry because there was not enough food in your

home? Freq. | Cum. |  |  |  |
| :--- | ---: | ---: | ---: |
| Never | 297 | 71.91 | 71.91 |
| Rarely | 87 | 21.07 | 92.98 |
| Sometimes | 24 | 5.81 | 98.79 |
| Most of the time | 4 | 0.97 | 99.76 |
| Always | 1 | 0.24 | 100.00 |
|  |  |  |  |


[^0]:    Note: Respondents who selected "Other" were instructed to provide an open-ended response. The table above does not incorporate/recategorize these responses.

[^1]:    Note: Sex includes vaginal, oral, or anal sex.

