



Join us for a study about how where you live affects you!

Live Well Springfield invites residents living in McKnight, Old Hill, Six Corners and Metro Center neighborhoods to join us for a study about how where you live affects you.



Participation meetings will occur in Summer 2018 and Summer 2020, and will take place at

_____ A location near you _____.



You can receive up to \$100 for participating.



Space is limited. Enrollment is on a first come first serve basis.

**If interested, please contact the study team at
413-794-2813**

See reverse side for more details.





**PUBLIC HEALTH INSTITUTE
OF WESTERN MASSACHUSETTS**
PARTNERS FOR HEALTH EQUITY



June 2018

Dear Springfield Resident:

We would like your help with a research project. We are studying how changes to neighborhood streets and sidewalks impact health. Your input is valuable. We cannot promise any changes will happen because of this study, but what we learn may help the people who design streets better understand what kinds of changes benefit residents like you. We will share what we learn with city officials and professionals interested in health and city planning. The study is led by Dr. Kathleen Szegda of the Public Health Institute of Western Massachusetts and Dr. Erin Hennessy of Tufts University in partnership with the LiveWell Springfield Coalition. The study is paid for by the Robert Wood Johnson Foundation.

We are looking for residents to help us by participating in our study. You and hundreds of residents in your neighborhood and nearby neighborhoods are possible study participants. If you are interested in participating, we would ask you to answer a few questions to determine if you are eligible. Your participation in the study would take place in Summer 2018 and Summer 2020.

The study team would ask you to:

- Attend 30-60 minute meetings at a community place near your home
- Wear two small devices for 1 week: a physical activity monitor and GPS data logger device
- Complete short surveys and participation log

We would give you the devices and show you how to use them at the meetings. You would be asked to wear the devices starting at the first meeting and continuing to wearing them for 7 days. The devices are small, worn on the hip, and can be hidden under your clothes. You would return the devices and log during a second meeting, and complete another survey. There are no right or wrong answers to the survey. We want to know your personal opinion. To thank you for your time, we can give you up to \$50 in the Summer 2018 and Summer 2020 (a total of up to \$100) if you complete the study.

Your participation is voluntary. We would need your name, phone number, and address in order to contact you. If you are interested, we will give you more details about your rights as a study participant in a written consent form. We would keep all of your information confidential. There is minimal/no risk in participating. You can choose whether to participate after receiving this additional information.

If you have any questions, would like to know more, or would like to volunteer, please call our Study Coordinator, Jamie Klingensmith, at 413-794-2813 or through email at kszegda@publichealthwm.org. We would be happy to talk to you and hope you will find this neighborhood research interesting. On behalf of the research team, thank you in advance for considering this opportunity.

Sincerely,

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